

RecConnect

MARCH-AUGUST 2021

| WAKE FOREST PARKS, RECREATION & CULTURAL RESOURCES

Spring & Summer



CAMPS | PROGRAMS | ATHLETICS | EVENTS

WELCOME



Meet our Staff

Amy Warren works part time for the Wake Forest Parks, Recreation & Cultural Resources Department. She has worked as a scorekeeper for a variety of sports, supervised at the community centers and managed the pool. Amy has worked for the Town since she was in high school.

Growing up in Wake Forest, she earned her Bachelor of Science (1989) and Master's Degree (2013) in Elementary Education from Gardner-Webb University. She taught 10 years in Warren County at North Warren Elementary and Northside Elementary where she taught fourth grade at both schools. In 1999, she transferred to Wake County to teach at Wendell Creative Arts and Science Elementary School as a fifth grade teacher. She taught there until she retired in 2018. She came out of retirement to work part time as a Connections Coach at Rogers Lane Elementary School.

Amy resides in Raleigh with her daughter, Rebekah (19). In her spare time, she loves spending time with Rebekah or just relaxing. She also loves traveling to California to visit her daughter in college.



Program registration begins Feb. 1

Register for programs at any staffed site or online at wakeforestnc.recdesk.com. Online registration closes two business days before the start of a program.

STAFFED REGISTRATION SITES:

- **Joyner Park Community Center (JPCC)**, 701 Harris Road, Mon-Fri 6 am-10 pm, Sat 8 am-4 pm, Sun 1-5 pm
- **Flaherty Park Community Center (FPCC)**, 1226 N. White St., Mon-Fri 8 am-10 pm, Sat 8 am-4 pm, Sun 1-5 pm
payments by checks and credit/debit cards only
- **Alston-Massenburg Center**, 416 N. Taylor St., Mon-Fri 12-8 pm, Sat 8 am-4 pm, Sun 1-5 pm
payments by checks and credit/debit cards only

Rec Card required to access amenities at PRCR facilities

Wake Forest residents and non-residents ages 11 and older must have a Recreation Card (Rec Card) to access amenities offered at all PRCR facilities including Joyner Park Community Center. Those without a Rec Card may visit PRCR facilities any time, but a Rec Card is required to access the amenities.

Amenities that require a Rec Card:

Indoor walking track, cardio equipment, exercise room, open gym times for volleyball, basketball and pickleball

Rec Card Fees:

RESIDENTS: Free. **NON-RESIDENTS:** \$25 (individual), \$50 (family). **DROP-IN FEE:** \$5. **REPLACEMENT FEE:** \$5 for lost or stolen cards.

To Obtain a Rec Card:

1. Create a profile at wakeforestnc.recdesk.com
2. Visit the JPCC, FPCC or the Alston-Massenburg Center to have your picture taken and present proof of residency.

Expiration: Rec Cards are valid for one year from date of purchase and must be renewed annually.



Wake Forest Parks, Recreation & Cultural Resources Department
701 Harris Road, Wake Forest, NC 27587
919-435-9560
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wakeforestnc.gov

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Alston-Massenburg Center
416 N. Taylor St. | 919-554-6189
CENTER MANAGER Garrett Bryant
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Flaherty Park Community Center
1226 N. White St. | 919-554-6726
CENTER MANAGER Grayson Pridgen
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Joyner Park Community Center
701 Harris Road | 919-435-9560
CENTER MANAGER Cindi King
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Wake Forest Renaissance Centre for the Arts
405 S. Brooks St. | 919-435-9458
CENTRE MANAGER Debbie Dunn
ddunn@wakeforestnc.gov | 919-435-9567
CENTRE SPECIALIST Debra Horton
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The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens by promoting health and wellness through diverse, safe, accessible, and culturally enriching recreational opportunities.



PARKS & GREENWAYS

PLACES TO PLAY

From our flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9560
HOURS: dawn to dusk



E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns, restored farm buildings and three miles of paved trails, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Leashed dogs are welcome to enjoy the trails. Amidst the beautiful scenery is the new Joyner Park Community Center and outdoor playground.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Performance Garden	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$75-\$800 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Open Space, Picnic Shelters & Greenways	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-554-6726
HOURS: dawn to dusk

Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, two stocked ponds, a dog park, tennis courts, pickleball courts and a community center. *See page 9 for center information.*



DOG PARK

FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk
Athletic Field(s)	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 9 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk

Holding Park is a five-acre site that features a large playground, basketball courts, picnic tables, the Wake Forest Community House and the new Holding Park Aquatic Center. The aquatic center includes a six-lane, 25-yard lap pool, two water slides with plunge pool and a children's pool with water play.



RENT THIS SITE	Deposit	Rate	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 8 for Wake Forest Community House rental information





PARKS																
	Acres	Amphitheater	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Fitness Equipment (outdoor)	Flower Garden	Greenway	Grill	Open Space	Pickleball Court	Picnic Shelter	Picnic Tables	Playground	Pond
Ailey Young Park 800 Juniper Ave.	15		●	●						●			●	●	●	●
DuBois Park 518 N. Franklin St.	0.4			●											●	
E. Carroll Joyner Park 701 Harris Rd.	117	●		●	●		●	●	●	●	●	●	●	●	●	●
H.L. Miller Park 401 Elm Ave.	2							●						●		
Heritage High Park* 1140 Forestville Rd.	25		●	●				●								●
Holding Park 133 W. Owen Ave.	5		●	●	●				●	●			●	●		●
J.B. Flaherty Park 1226 N. White St.	100		●	●	●	●	●	●	●	●	●	●	●	●	●	●
Kiwanis Park 400 E. Holding Ave.	1							●					●	●	●	
Plummer Park 965 Jones Wynd	0.5												●	●	●	
Smith Creek Soccer Center 690 Heritage Lake Rd.	17						●	●	●				●	●	●	●
Taylor Street Park 416 N. Taylor St.	1.5			●				●	●				●	●	●	●
Tyler Run Park 830 Pineview Dr.	9		●	●			●	●					●	●		

*Heritage High School park facilities are open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the Town's greenways.

For more information visit wakeforestnc.gov and search "adopt a trail."



Download the Town of Wake Forest app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Receive time-sensitive news messages. Enjoy instant access to popular community events. Search for "Town of Wake Forest" on iTunes, in the iPhone app store or in Google Play.



GREENWAYS			
	Paved (P), Soft Trail (S)	Fitness Equipment	Length in Miles
E. Carroll Joyner Park 701 Harris Rd.	P	●	3.0 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P		1.3 mi.
H.L. Miller Park 401 Elm Ave.	P		0.4 mi.
J.B. Flaherty Park 1226 N. White St.	P	●	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P		0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P		0.45 mi.
Sanford Creek Heritage South Greenway	P	●	3.93 mi.
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P		1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	●	2.42 mi.
Tyler Run Park 830 Pineview Dr.	P	●	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S		1.6 mi.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.
- Please lock vehicle doors and windows, and do not leave valuables visible.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School and Tyler Run Park.

Soccer fields are located at Heritage High School and Smith Creek Soccer Center. See pages 5-7 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9560

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to PRCR/league schedules</i>

Wake Forest Reservoir

Located off of Traditions Grande Boulevard, the Wake Forest Reservoir is open for paddle and electric powered boats. A small concrete boat ramp is adjacent to the parking area. Hikers can explore the 1.6 mile trail which follows the west bank of the lake.



Wake Forest's community centers are gathering spots for

Alston-Massenburg Center

416 N. Taylor St. | 919-554-6189
HOURS: Mon-Fri 12 pm-8 pm; Sat 8 am-4 pm; Sun 1-5 pm
AMENITIES: Large meeting room with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground, picnic shelter and sprayground.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	Sat & Sun only: 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	24 tables 125 chairs available

Compare Amenities	Available for Rent	Class/Program Room	Dance Studio	Fitness Equipment	Game Room	Gymnasium	Indoor Walking Track	Kitchen	Locker Rooms/Shower	Meeting Room	Performance Stage	Pickleball Court	Swimming Pool
COMMUNITY CENTERS & FACILITIES													
Alston-Massenburg Center 416 N. Taylor St.	●	●						●		●	●		
Flaherty Park Community Center 1226 N. White St.	●	●			●	●		●		●		●	
Holding Park Aquatic Center 133 W. Owen Ave.													●
Joyner Park Community Center 701 Harris Road	●	●	●	●		●	●	●	●	●		●	
Wake Forest Community House 133 W. Owen Ave.	●							●		●			
Wake Forest Renaissance Centre 405 S. Brooks St.	●	●								●	●		

Wake Forest Community House

133 W. Owen Ave. | 919-435-9560
HOURS: Open for scheduled programs and private rentals
AMENITIES: The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs. The Community House includes a kitchen and adjoins the Holding Park Aquatic Center and playground. To rent the Community House, call 919-435-9560 or visit the PRCR office at Joyner Park Community Center.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	Fri, Sat & Sun 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	27 tables 170 chairs available



Getting married?
Consider renting a town facility for your special day.

COMMUNITY CENTERS

AND RENTAL FACILITIES

fun and recreation – the perfect location for your next special event.

Joyner Park
Community Center

701 Harris Road | 919-435-9560

HOURS: Mon-Fri 6 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

AMENITIES: Gymnasium, indoor walk-
ing track, cardio equipment, dance
studio, meeting rooms, kitchen,
locker rooms and showers

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball.
Check the website for monthly open play schedules: wakeforestnc.gov, search
"Joyner Park Community Center."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$75/hr- \$300/hr <i>Two hour minimum.</i> <i>See website for details</i>	Sat & Sun <i>only</i>	Fits 522 chairs or 300 chairs plus tables*
Kitchen	–	Add-on fees range from \$35-\$150	Daily	–
Multipurpose Room (entire room)	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$25/hr- \$100/hr <i>Two hour minimum.</i> <i>See website for details</i>	Mon-Fri	86 chairs, 16 tables available
Multipurpose Room (entire room)	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$35/hr- \$160/hr <i>Two hour minimum.</i> <i>See website for details</i>	Sat & Sun	86 chairs, 16 tables available
Supervisory Fee for After- hours	–	\$15/hr <i>Mon-Fri 10 pm-midnight,</i> <i>Sat 4 pm-midnight,</i> <i>Sun 8 am-1 pm, 5 pm-</i> <i>midnight</i>	Daily	–

**Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.*

Flaherty Park Community
Center

1226 N. White St. | 919-554-6726

HOURS: Mon-Fri 8 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

AMENITIES: Gymnasium, arts & crafts room,
game room, meeting room with adjoining kitchen

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball.
Check the website for monthly open play schedules: wakeforestnc.gov, search
"Flaherty Park."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$75/hr- \$300/hr <i>Two hour minimum.</i> <i>See website for details</i>	Sat & Sun <i>only</i>	Fits 550 chairs or 330 chairs plus tables*
Meeting Room	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$40/hr- \$160/hr <i>Two hour minimum.</i> <i>See website for details</i>	Sat & Sun <i>only</i>	4 tables 20 chairs available
Open Space	\$50 <i>individual</i> \$150 <i>business</i>	Rates range from \$15/hr- \$150/hr <i>Two hour minimum. See</i> <i>website for details</i>	Daily	–

**Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.*

Wake Forest Renaissance Centre for the Arts

405 S. Brooks St. | 919-435-9458 | Event Hotline: 919-435-9428

Arts Annex: 407 S. Brooks St.

The Wake Forest Renaissance Centre for the Arts is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events.

AMENITIES: Grand hall, performance
stage, meeting rooms, food staging area, dressing room

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meet-
ings, weddings, performances and other special events. For rental fees and further
information, visit wakeforestrencen.org or call 919-435-9458.



PRESCHOOL

PROGRAMS & CLASSES



Art

Toddler Art

Parents and their children are invited to join fun and exciting one-day themed workshops! Participants will explore different themes through hands-on arts and craft projects and a story time with Mr. Moo Monet. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Sa	9:00-10:00 am	Mar 20	<i>Easter Egg Eggstravaganza</i>	\$32 \$25 RD	18 mos-3 yrs
Flah Park	Sa	9:00-10:00 am	Apr 17	<i>April Showers</i>	\$32 \$25 RD	18 mos-3 yrs
Flah Park	Sa	9:00-10:00 am	May 15	<i>May Flowers</i>	\$32 \$25 RD	18 mos-3 yrs

Preschool Art

Parents and their children are invited to join fun and exciting one-day themed workshops! Parents are welcome to drop off their children after signing them in. Participants will explore different themes through hands-on arts and craft projects and a story time with Mr. Moo Monet. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Sa	10:30-11:30 am	Mar 20	<i>Easter Eggstravaganza</i>	\$32 \$25 RD	ages 3-5
Flah Park	Sa	10:30-11:30 am	Apr 17	<i>April Showers</i>	\$32 \$25 RD	ages 3-5
Flah Park	Sa	10:30-11:30 am	May 15	<i>May Flowers</i>	\$32 \$25 RD	ages 3-5

Music

Mini Mozarts

Come out with your young musician to make wonderful music together! Each week, we will engage in the universal language of music as we clap, sing, march, play, dance, and imagine. Your little musician will develop their innate sense of self-expression through music all while having fun bonding with you. Parent participation required.

INSTRUCTOR: Amanda Bachand

Flah Park	W	10:00-10:30 am	Mar 3-24	\$38 \$30 RD	18 mos-3 yrs
Flah Park	W	10:00-10:30 am	Apr 7-28	\$38 \$30 RD	18 mos-3 yrs
Flah Park	W	10:00-10:30 am	May 12-Jun 2	\$38 \$30 RD	18 mos-3 yrs

Budding Beethovens

Warm-up those singing voices! Your preschooler will find their inner musician as they connect to music through movement; use props and instruments to interpret songs; play rhythmic games to increase listening skills; and sing in a variety of imaginative ways. Join us as we build confidence and have fun making music! **INSTRUCTOR:** Amanda Bachand

Flah Park	W	10:45-11:15 am	Mar 3-24	\$38 \$30 RD	ages 3-5
Flah Park	W	10:45-11:15 am	Apr 7-28	\$38 \$30 RD	ages 3-5
Flah Park	W	10:45-11:15 am	May 12-Jun 2	\$38 \$30 RD	ages 3-5

Broadway Babes

Broadway bound boys and girls join us to explore music with a music theater spin! Your little performer will love learning all aspects of music while developing their dancing and acting skills. While we focus on having fun, your preschooler will build their ability to keep rhythm, move to music, express moods, recall choreography, and confidently sing to a wide variety of music, including show tunes! **INSTRUCTOR:** Amanda Bachand

JPCC	Th	10:30-11:00 am	Mar 4-25	\$38 \$30 RD	ages 3-5
JPCC	Th	10:30-11:00 am	Apr 8-29	\$38 \$30 RD	ages 3-5
JPCC	Th	10:30-11:00 am	May 6-27	\$38 \$30 RD	ages 3-5

Dance

Magical Ballerinas

Magical Ballerinas will focus on the fundamentals of ballet technique that will get your ballerina ready for a more disciplined art! This class will create a balance between structure and creativity. Each session, there will be a different ballet focusing on characters, movements and music of that particular ballet! Girls: Black leotards, pink tights, leather or canvas ballet shoes. Ballet skirts optional Boys: Flexible gym shorts, t shirt, and black jazz shoes. **INSTRUCTOR:** Caroline Steffen

Alst Mass	M	10:45-11:15 am	Mar 1-22	\$50 \$40 RD	ages 3-5
Alst Mass	M	10:45-11:15 am	Apr 12-May 3	\$50 \$40 RD	ages 3-5

Mini Prima Ballerinas

Mini Prima Ballerina class will focus on the fundamentals of ballet technique that will get your ballerina ready for a more disciplined art! This class will create a balance between structure and creativity as well as talking about the different ballets, characters, and music. **REQUIREMENTS:** Girls: Black leotards, pink tights, leather or canvas ballet shoes. Boys: Flexible gym shorts, t shirt, and black jazz shoes. **INSTRUCTOR:** Caroline Steffen

Alst Mass	M	10:00-10:30 am	Mar 1-22	\$50 \$40 RD	ages 4-7
Alst Mass	M	10:00-10:30 am	Apr 12-May 3	\$50 \$40 RD	ages 4-7



Dance 4 Tots I

Your little one will be on their tiny feet in no time, all while learning ballet, tap, music and creative movement. Movement exploration will teach the difference from left and right, how to balance, hop, skip, and jump. Additionally, they will learn coordination skills through dances to music. **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of face. Boys: White tee shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JPCC	W	5:20-5:50 pm	Feb 24-Mar 31	\$63 \$50 RD	ages 2-3
JPCC	Sa	9:00-9:30 am	Feb 27-Mar 27	\$63 \$50 RD	ages 2-3
JPCC	W	5:20-5:50 pm	Apr 14-May 19	\$63 \$50 RD	ages 2-3
JPCC	Sa	9:00-9:30 am	Apr 17-May 22	\$63 \$50 RD	ages 2-3
JPCC	W	5:20-5:50 pm	Jun 2-Jul 7	\$63 \$50 RD	ages 2-3
JPCC	Sa	9:00-9:30 am	Jun 5-Jul 17*	\$63 \$50 RD	ages 2-3

*No class Jul 3

**Day of drop-in fee is \$13 (\$10 RD), please call ahead to ensure session is occurring

Dance 4 Tots II

Is your dancer ready for a more age-appropriate challenge? This next-level dance class will have your little one on their tiny feet in no time! They will learn ballet, tap, music, and creative movement and will explore movements that teach the difference from left and right, and how to balance, hop, skip, and jump. They will also learn coordination skills through dance to music. **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of the face. Boys: White tee shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JPCC	Th	5:30-6:00 pm	Feb 25-Apr 1	\$63 \$50 RD	ages 4-6
JPCC	Sa	9:40-10:10 am	Feb 27-Mar 27	\$63 \$50 RD	ages 4-6
JPCC	Th	5:30-6:00 pm	Apr 15-May 20	\$63 \$50 RD	ages 4-6
JPCC	Sa	9:40-10:10 am	Apr 17-May 22	\$63 \$50 RD	ages 4-6
JPCC	Th	5:30-6:00 pm	Jun 3-Jul 8	\$63 \$50 RD	ages 4-6
JPCC	Sa	9:40-10:10 am	Jun 5-Jul 17*	\$63 \$50 RD	ages 4-6

*No class Jul 3

**Day of drop-in fee \$13 (\$10 RD), please call ahead to ensure session is occurring

PRESCHOOL

Performance Dance 4 Tots

This technical and foundational building class will include skills from the Dance 4 TOTS class, however, prior experience is not required. The class will build upon each other in six-week sessions. Students will participate in shows, parades, and end of year recitals. Additional costume and recital fees are required and non-refundable. Seasonal consistency in 2-3 of six-week class sessions is a requirement to perform. Students will learn ballet, tap, music and creative movement on a weekly basis. Movement exploration will help teach the difference between left and right, how to balance, hop, skip and jump. REQUIREMENTS: Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of their face. Boys: White tee-shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. INSTRUCTOR: Monet Dance Performing Arts Studio

Alst Mass	Tu	6:00-6:30 pm	Feb 23-Mar 30	\$69 \$55 RD	ages 3-6
JPCC	W	6:40-7:10 pm	Feb 24-Mar 31	\$69 \$55 RD	ages 3-6
Alst Mass	Tu	6:00-6:30 pm	Apr 13-May 18	\$69 \$55 RD	ages 3-6
JPCC	W	6:40-7:10 pm	Apr 14-May 19	\$69 \$55 RD	ages 3-6
Alst Mass	Tu	6:00-6:30 pm	Jun 1-Jul 6	\$69 \$55 RD	ages 3-6
JPCC	W	6:40-7:10 pm	Jun 2-Jul 7	\$69 \$55 RD	ages 3-6



Open Play

Preschool Sensory Gym

Bring your little one for play time and have a chance to make new friends! We will provide a safe, accepting, and playful environment filled with fun educational and therapeutic toys to play with. No instruction or supervision will be provided. Parents/ caregivers are required to stay with their child.

Flah Park	M	10:45-11:45 am	ongoing	free*	18 mos-5 yrs
Flah Park	Th	11:00 am-12:00 pm	ongoing	free*	18 mos-5 yrs

*Non-residents must purchase a RecCard membership to participate

Preschool Open Gym

Watching a rambunctious little rascal can really tire a parent out. Why not let your energetic tyke play with others while you both make some new friends? We will provide plenty of things to play with and climb in, around and over. No instruction or supervision will be provided and parents/caregivers are required to supervise their child.

Flah Park	M	11:45 am-1:00 pm	ongoing	free*	0-5 yrs
Flah Park	Tu	12:00-1:30 pm	ongoing	free*	0-5 yrs
JPCC	Tu/W/F	9:00 am-12:00 pm	ongoing	free*	0-5 yrs

*Non-residents must purchase a RecCard membership or pay \$5/child to participate
**Visit wakeforestnc.recdesk.com for the most up-to-date calendars

Athletics

Preschool Hoops

SWISH! Begin to develop your little ballers' skills in this fun and exciting basketball class. Participants will be taught the basics and FUNDamentals of basketball including dribbling, passing, shooting, and defense. Educated by former professional basketball player JJ Miller, this is an opportunity you can't miss! INSTRUCTOR: JJ Miller, Hoopers Elite Basketball Services

Flah Park	Sa	9:00-9:45 am	Mar 6-27	\$75 \$60 RD	ages 3-5
Flah Park	Sa	9:00-9:45 am	Apr 17-May 8	\$75 \$60 RD	ages 3-5
Flah Park	Sa	9:00-9:45 am	May 29-Jun 19	\$75 \$60 RD	ages 3-5
Flah Park	Sa	9:00-9:45 am	Jul 17-Aug 7	\$75 \$60 RD	ages 3-5



Culinary Arts

Kindercooks with Books NEW!

Kids will have a tale to tell after enjoying storybook time then diving into the kitchen. From cookies to donuts, your aspiring chefs will not want to miss this book-themed cooking extravaganza! Parent participation is required. **INSTRUCTOR:** Shirley Coltrane

JPCC	Sa	9:30-11:00 am	Mar 27	<i>If You Give a Mouse a Cookie</i>	\$44 \$35 RD	ages 2-5
JPCC	Sa	9:30-11:00 am	Apr 24	<i>If You Give a Moose a Muffin</i>	\$44 \$35 RD	ages 2-5
JPCC	Sa	9:30-11:00 am	May 22	<i>If You Give a Pig a Pancake</i>	\$44 \$35 RD	ages 2-5
JPCC	Sa	9:30-11:00 am	Jun 26	<i>If You Give a Dog a Donut</i>	\$44 \$35 RD	ages 2-5
JPCC	Sa	9:30-11:00 am	Jul 31	<i>If You Give a Cat a Cupcake</i>	\$44 \$35 RD	ages 2-5

Education

Spanish for Preschoolers

Students will be immersed in Spanish, just as they were immersed in English as a baby. They will learn through interactive games, activities, crafts and music with a native Spanish speaker. **INSTRUCTOR:** Solorzano Spanish Academy

Flah Park	Th	4:00-4:45 pm	Mar 4-25	\$73 \$58 RD	ages 3-5
Flah Park	Th	4:00-4:45 pm	Apr 8-29	\$73 \$58 RD	ages 3-5

Parent & Me Preschool Readiness

Immerse your preschooler in a blend of literacy, art, hands-on activities, all while learning their letters, colors, shapes, music, and more! Your child will become preschool ready all while having fun! Themes will change weekly and include a variety of topics that will surely peak your child's interest. **INSTRUCTOR:** Shirley Coltrane

JPCC	M	2:30-3:15 pm	Mar 1-Apr 5	\$94 \$75 RD	ages 2-5
JPCC	M	2:30-3:15 pm	Apr 12-May 17	\$94 \$75 RD	ages 2-5

Soccer Rockers

Let's kick it! Begin to develop your little kickers' skills in this fun and exciting soccer class. Participants will be taught the basics and FUNDamentals of soccer. Instructed and led by Fabrice Shema, former D1 collegiate national championship soccer player, participants will make new friends while learning teamwork and sportsmanship.

INSTRUCTOR: Fabrice Shema, Hoopers Elite

Joyner Park*	Sa	10:00-10:45 am	Mar 6-Apr 17**	\$75 \$60 RD	ages 3-5
Joyner Park*	Sa	11:00-11:45 am	Mar 6-Apr 17**	\$75 \$60 RD	ages 3-5

*Class will be held in Overflow Field directly in front of community center
**No class Apr 3

Kidokinetics Preschool Sports & Fitness

Designed for kids who are ready to get moving on sports FUNDamentals! Through a variety of sports, activities and games, we focus on basic gross motor skills such as throwing, catching, kicking, jumping and running and offer an introduction to sports such as baseball, football, hockey, basketball, and many more. Classes enhance balance, coordination and muscle tone while developing good play and social skills. Our program is non-competitive. **INSTRUCTOR:** Kidokinetics

JPCC	M	11:00-11:45 am	Apr 12-May 3	\$50 \$40 RD	ages 3-5
JPCC	M	11:00-11:45 am	May 10-24	\$38 \$30 RD	ages 3-5

Martial Arts

Little Lions Taekwondo

Our exciting program for kids will develop your child's focus, self-esteem, self-confidence, and overall sense of purpose! Little Lions opens the door by introducing participants to important life skills such as, focus, teamwork, and memory through fun and motivational training. Additional \$50 fee paid to instructor for uniform and t-shirt at first class. **INSTRUCTOR:** CORE Taekwondo Performance Center

JPCC	Th	5:30-6:00 pm	Mar 4-25	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	Apr 1-22	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	Apr 29-May 20	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	May 27-Jun 17	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	Jun 24-Jul 15	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	Jul 22-Aug 12	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	Aug 19-Sep 9	\$69 \$55 RD	ages 2-6

YOUTH

PROGRAMS & CLASSES



Art

Youth Drawing & Painting

New students will start by drawing, learning shape, value, and shading. Afterwards may paint or continue drawing. Returning students can choose their media: acrylics, watercolors, pencils, and ink. Will work with a variety of subject matters. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	1:00-2:30 pm	Feb 24-Mar 31	\$82 \$65 <i>RD</i>	ages 10-16
Flah Park	W	1:00-2:30 pm	Apr 14-May 19	\$82 \$65 <i>RD</i>	ages 10-16
Flah Park	W	1:00-2:30 pm	Aug 11-Sep 8	\$68 \$54 <i>RD</i>	ages 10-16

Virtual Create with Me—Printmaking

Participants will learn how to transfer a drawing to a Styrofoam matrix and make watercolor prints. **INSTRUCTOR:** Sara Roberts



virtual	Tu	6:30-7:30 pm	Apr 13	\$5 per person or \$20 per family up to five members	grades 3-8
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Music

School of MIXX: DJ Lessons **«NEW!»**

Students that take classes with MIXX School of DJing will be educated on the importance of the DJ's role in modern society while having fun learning correct DJing etiquette. Join this high energy class filled with music, sound, and technical skill sets. MIXX is the only school of its kind located in the Carolinas with a full curriculum designed for the beginner or experienced to learn the skills and techniques to become successful DJs while enjoying an exciting learning environment. **INSTRUCTOR:** Mixx School of DJing Arts



Alst Mass	M	4:00-5:00 pm	Mar 8-Apr 5	\$169 \$135 <i>RD</i>	ages 8-16
Alst Mass	M	4:00-5:00 pm	Apr 19-May 17	\$169 \$135 <i>RD</i>	ages 8-16
Alst Mass	M	4:00-5:00 pm	Jun 7-28	\$169 \$135 <i>RD</i>	ages 8-16

Musical Movers

Get ready to sing and dance! Your school-aged performer will confidently demonstrate their musical talent as we explore music's connections to dance and acting. This is the perfect class for a Broadway enthusiast or anyone who just loves to sing and dance.

INSTRUCTOR: Amanda Bachand

JPCC	Th	11:15 am-12:00 pm	Mar 4-25	\$44 \$35 <i>RD</i>	ages 5-9
JPCC	Th	11:15 am-12:00 pm	Apr 8-29	\$44 \$35 <i>RD</i>	ages 5-9
JPCC	Th	11:15 am-12:00 pm	May 6-27	\$44 \$35 <i>RD</i>	ages 5-9

Group Voice

In this class you will work to prepare 32 bars of music that can be used for future auditions. Instruction will include both observation and execution in musicality, voice technique, and interpretation in a variety of musical theater genres and periods.

INSTRUCTORS: Carrie Phipps and Bryan Phoebus

Ren Ctr	Th	5:45-7:00 pm	Mar 4-May 20	\$300	grades 5-12
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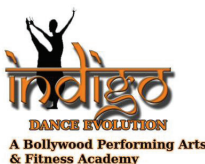


Dance

Bollywood Dance **«NEW!»**

Bollywood movies made in Bombay (Mumbai) India are entertaining, tell a variety of stories from the Southeast Asian subcontinent and of "Indiaspora" living around the world, made with excellent production values, sets, costumery, and inspiring colorful song & dance sequences.

We replicate these upbeat dances in our class using the high energy of Indian folk combined with modern pop elements that is performed in this popular cinema to create and lead a fun upbeat workout for kids and adults. Get uplifted with the music and feel energized with the moves. **INSTRUCTOR:** Priya Chellani, Indigo Dance Evolution Academy



Flah Park	Sa	11:15 am-12:00 pm	Jan 2-Feb 13*	\$75 \$60 RD	ages 4-12
Flah Park	Sa	12:00-1:00 pm	Jan 2-Feb 13*	\$75 \$60 RD	ages 13-17
Flah Park	Sa	11:15 am-12:00 pm	Feb 27-Apr 10*	\$75 \$60 RD	ages 4-12
Flah Park	Sa	12:00-1:00 pm	Feb 27-Apr 10*	\$75 \$60 RD	ages 13-17

*No class Jan 16, Apr 3

**Interested and qualifying students may be presented with options to join in occasional live stream performances. Class videos are sent via email for home practice.

Performance Creative Combo I

This technical and foundational building class will include skills from the Dance 4 TOTS class. However, prior experience is not required. Students will learn ballet, tap, music and creative movement weekly. Movement exploration will help teach the difference between left and right, how to balance, hop, skip and jump. Students will participate in shows, parades, and end of year recitals. Consistent participation is required to perform. Additional costume and recital fees are required and non-refundable.

REQUIREMENTS: Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of their face. Boys: white tee-shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JPCC	W	8:00-8:45 pm	Feb 24-Mar 31	\$75 \$60 RD	ages 9-15
JPCC	W	8:00-8:45 pm	Apr 14-May 19	\$75 \$60 RD	ages 9-15
JPCC	W	8:00-8:45 pm	Jun 2-Jul 7	\$75 \$60 RD	ages 9-15

Hip Hop Explosion Beginner

Is your little one always dancing when the radio comes on? Do they enjoy high energy movement? If so, this is a great beginner class for your young hip hop creative mover. Our amazing teacher will teach your young students hip hop dance choreography that is fun, creative, and energizing. Students will enjoy performing these movements while creating dances that will exhibit today's latest dance moves and music styles.

This explosive style of dance varies from pop and rhythmic movements to creative stylish moves done to the latest hip hop, pop, and radio music. Your student will have the wonderful experience of exploring the creative world of Hip Hop Dance. **REQUIREMENTS:** Comfortable workout clothes or shorts and tee shirt. Sneakers or jazz/hiphop shoes. **INSTRUCTOR:** Monet Dance Performing Arts Studio

Alst Mass	Tu	6:40-7:10 pm	Feb 23-Mar 30	\$63 \$50 RD	ages 4-7
JPCC	W	6:00-6:30 pm	Feb 24-Mar 31	\$63 \$50 RD	ages 4-7
Alst Mass	Tu	6:40-7:10 pm	Apr 13-May 18	\$63 \$50 RD	ages 4-7
JPCC	W	6:00-6:30 pm	Apr 14-May 19	\$63 \$50 RD	ages 4-7
Alst Mass	Tu	6:40-7:10 pm	Jun 1-Jul 6	\$63 \$50 RD	ages 4-7
JPCC	W	6:00-6:30 pm	Jun 2-Jul 7	\$63 \$50 RD	ages 4-7

**Day of drop-in fee \$13 (\$10 RD), please call ahead to ensure class is occurring

Hip Hop Explosion Juniors

Your child will be extremely excited about this energetic class! Our amazing teacher will teach students hip hop dance choreography that is fun, creative, and challenging. Students will enjoy performing these movements while creating dances that will exhibit today's latest dance moves and music styles. This explosive style of dance varies from pop and rhythmic movements to creative stylish moves done to the latest hip hop, pop, and radio music. Your student will have the wonderful experience of exploring the creative world of Hip Hop Dance Style. **REQUIREMENTS:** Comfortable workout clothes or shorts and tee shirt. Sneakers or jazz/hiphop shoes. **INSTRUCTOR:** Monet Dance Performing Arts Studio

Alst Mass	Tu	7:20-7:50 pm	Feb 23-Mar 30	\$63 \$50 RD	ages 8-15
JPCC	W	7:20-7:50 pm	Feb 24-Mar 31	\$63 \$50 RD	ages 8-15
Alst Mass	Tu	7:20-7:50 pm	Apr 13-May 18	\$63 \$50 RD	ages 8-15
JPCC	W	7:20-7:50 pm	Apr 14-May 19	\$63 \$50 RD	ages 8-15
Alst Mass	Tu	7:20-7:50 pm	Jun 1-Jul 6	\$63 \$50 RD	ages 8-15
JPCC	W	7:20-7:50 pm	Jun 2-Jul 7	\$63 \$50 RD	ages 8-15

**Day of drop-in fee \$13 (\$10 RD), please call ahead to ensure class is occurring

"Bring It" Majorette Dance

Join this high-energy, synchronized, rhythmic dance building class that will have you wanting more! The moves and technique draw from ballet, jazz, modern dance, hip hop, and gymnastics. This movement class challenges your discipline, originality, passion, and teaches you to compete with yourself to become the best dancer! This tailor designed one hour class will build the dancer strength, technique, and stamina throughout each session. Commitment is recommended but not required. Dancers who consistently attend 2-3 of six weeks session will be eligible to perform (additional costume and recital fees will apply and are non-refundable). **REQUIREMENTS:** Comfortable athletic or dance clothes, "Slip-On Jazz Shoe" recommended not required or barefoot (bring socks). **INSTRUCTOR:** Monet Performing Arts Studio

JPCC	Th	6:10-7:10 pm	Feb 25-Apr 1	\$75 \$60 RD	ages 10-16
JPCC	Th	6:10-7:10 pm	Apr 15-May 20	\$75 \$60 RD	ages 10-16
JPCC	Th	6:10-7:10 pm	Jun 3-Jul 8	\$75 \$60 RD	ages 10-16

***Day of drop-in fee is \$16 (\$13 RD), please call ahead to ensure session is occurring*

Introduction 2 Ballet

Introduce your child to the wonderful world of ballet. Basic ballet positions, barre, across the floor, and the magical history of the ballet will be the focus, all while exploring fun movements, technique, and the beautiful art of the ballet dance expression! **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt recommended, pink ballet shoes, hair pulled up and out of face. Boys: white tee-shirt, black dance pants, compression pants, sweat pants, and black ballet shoes. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JPCC	Sa	10:20-10:50 am	Feb 27-Mar 27	\$63 \$50 RD	ages 6-9
JPCC	Sa	10:20-10:50 am	Apr 17-May 22	\$63 \$50 RD	ages 6-9
JPCC	Sa	10:20-10:50 am	Jun 5-Jul 17*	\$63 \$50 RD	ages 6-9

**No class Jul 3*

***Day of drop-in fee is \$13 (\$10 RD), please call ahead to ensure session is occurring*



Mini Ballroom Dance <<NEW!>>

Launch your little one into the world of International Ballroom and Latin dancing. We will focus on an all encompassing introducing to popular dance steps such as cha-cha and waltz, body control work such as balance and understanding direction, creativity, expression through music, and group work. **INSTRUCTOR:** Maria Kordit

JPCC	Tu	6:00-7:00 pm	Feb 23-Mar 16	\$69 55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	Mar 23-Apr 13	\$69 55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	May 4-25	\$69 55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	Jun 1-22	\$69 55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	Jun 29-Jul 20	\$69 55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	Jul 27-Aug 17	\$69 55 RD	ages 4-8

Youth Ballroom Dance <<NEW!>>

We will have a focus on a disciplined approach to International Latin and Ballroom. Class sessions will be geared to musicality and learning how to "read" music, fundamental technique, and education of ones body through movement. Experienced instructor does provide individual attention to make sure students always have something to take away for life. Benefits in this class vary from building self confidence, knowing how to socially dance, and appreciating different music genres. **INSTRUCTOR:** Maria Kordit

JPCC	Sa	11:00 am-12:00 pm	Feb 27-Mar 20	\$69 55 RD	ages 9-14
JPCC	Sa	11:00 am-12:00 pm	Mar 27-Apr 17	\$69 55 RD	ages 9-14
JPCC	Sa	11:00 am-12:00 pm	May 8-29	\$69 55 RD	ages 9-14
JPCC	Sa	11:00 am-12:00 pm	Jun 5-26	\$69 55 RD	ages 9-14
JPCC	Sa	11:00 am-12:00 pm	Jul 10-31	\$69 55 RD	ages 9-14
JPCC	Sa	11:00 am-12:00 pm	Aug 7-28	\$69 55 RD	ages 9-14

Theater

Musical Theatre Workshop

A performance-based class where you will create a themed final production to be presented on stage at the Renaissance Centre. This will be a fully produced final performance complete with vocals, choreography, lighting, and sound. **INSTRUCTORS:** Carrie Phipps and Bryan Phoebus

Ren Ctr	W	5:30-7:00 pm	Mar 17-Jun 2	\$300	grades K-8
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Musical Theatre Studio

A performance-based class where you will create a themed final production to be presented on stage at the Renaissance Centre. This will be a fully produced final performance complete with vocals, choreography, lighting, and sound.

AUDITION REQUIRED: You must submit a video of yourself singing 32 bars of a song (approximately 60 seconds). The video can be shot on your cell phone and should be landscape (sideways, not up and down). Send your video to dhorton@wakeforestnc.gov. **INSTRUCTORS:** Carrie Phipps and Bryan Phoebus

Ren Ctr	M	5:30-7:00 pm	Mar 1-May 17	\$300	grades 9-college
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Esports

Battle in the Forest Esports Tournament

Enjoy video games and competing to be the best? If so, Battle in the Forest is the place for you! This Esports tournament will be an ongoing arena of different games throughout the year. The tournament will be played online and live streamed. An assortment of prizes will be given to the top teams. The featured game will be determined at a later date. For more information, visit wakeforestnc.gov and search "Esports."



online	Sa-Su	1:00 pm	Apr 24-25	free*	ages 10+
online	Sa-Su	1:00 pm	Jul 24-25	free*	ages 10+

*Pre-registration required

Wake Forest PRCR Esports

Are you ready to compete at the next level? We are teaming up with Mission Control in our NEW eSports leagues! Download the FREE Mission Control app, select Wake Forest PRCR esports and get ready to take your game to the next level. Play for prizes and bragging rights!

online	6:00 pm	Mar 8-Apr 16	<i>Fornite, League of Legends, Rocket League 2v2</i>	\$10	ages 12+
online	6:00 pm	Apr 19-May 28	<i>Fornite, Rocket League 2v2, Mario Kart Deluxe 8</i>	\$10	ages 12+
online	6:00 pm	May 31-Jul 9	<i>Fornite, Super Smash, Mario Kart Deluxe 8</i>	\$10	ages 12+
online	6:00 pm	Jul 12-Aug 20	<i>Fornite, League of Legends, Rocket League 2v2</i>	\$10	ages 12+

Magic: The Gathering

Introduction to Magic: The Gathering

In this four-week course, participants will learn to play Magic: The Gathering, a popular table-top collectible card game. Each player will receive cards and supplies to start their personal collections and will graduate with the skills and confidence to join in Magic events at local game stores and conventions. **INSTRUCTOR:** Kirk Mulderig, Atomic Empire

Flah Park	Th	7:00-8:30 pm	Jun 17-Jul 8	\$63 \$50 RD	ages 12+
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Teen

Teen Night

Come hang out in a fun and safe environment while enjoying music, games, snacks and more!

Alst Mass	F	6:00-9:00 pm	May 7	free*	ages 13-17
Alst Mass	F	6:00-9:00 pm	Jun 4	free*	ages 13-17
Alst Mass	F	6:00-9:00 pm	Jul 2	free*	ages 13-17
Alst Mass	F	6:00-9:00 pm	Aug 6	free*	ages 13-17

*Participants must be registered with the Alston-Massenburg Center

Meet our Staff



Ronald "Skip" Parker works at the Flaherty Park Community Center as a Facility Supervisor.

His role includes assisting residents and visitors with program registration, facility tours, and providing excellent customer service.

Skip graduated from Wake Forest-Rolesville High School, Brevard Jr. College and UNC-Greensboro (playing basketball at all three institutions). He retired from Parker Hannifin Corp. with 25 years of service and later retired from the Town of Wake Forest.

A resident of Raleigh, Skip is a member of Chestnut Grove Baptist Church. He enjoys spending time with his family, collecting antiques, drag racing, landscaping and gardening. Skip has thoroughly enjoyed being a member of the part-time staff. His personal motto is, "If we remain steadfast in our faith, we will become a better society for all mankind."

Kids Night Out

Kids Night Out!

Hey kids! Leave the parents at home and join us for a FUN FRIDAY night! Join the staff of Joyner Park Community Center to get into the spirit at Kids Night Out. During this three-hour event you will enjoy, crafts, games, more games and loads of fun! And yes, pizza will be served! Tell your friends! The more the merrier! **INSTRUCTOR:** JPCC Staff

JPCC	F	6:00-9:30 pm	Mar 12	Tie-Dye Party	\$19 \$15 RD	ages 5-10
JPCC	F	6:00-9:30 pm	May 21	Glow in the Dark	\$19 \$15 RD	ages 5-10

Culinary Arts

Cooking for Fun Jr. Chefs

Introduce yourself to the joys of preparing fun and nutritious foods. Explore new foods, try exotic flavors, and build confidence in the kitchen. **INSTRUCTOR:** Pinnacle Culinary Arts Institute

JPCC	Th	4:30-6:00 pm	Mar 11	Veggie Pizza en Bobli	\$38 \$30 RD	ages 7-13
JPCC	Th	4:30-6:00 pm	Apr 8	Gnocchi with Broccoli	\$38 \$30 RD	ages 7-13
JPCC	Th	4:30-6:00 pm	May 6	Breakfast Omelets	\$38 \$30 RD	ages 7-13
JPCC	Th	4:30-6:00 pm	Jun 10	Coconut Chicken Tenders	\$38 \$30 RD	ages 7-13
JPCC	Th	4:30-6:00 pm	Jul 8	Reggae Chicken	\$38 \$30 RD	ages 7-13
JPCC	Th	4:30-6:00 pm	Aug 12	Personal Pan Pizza	\$38 \$30 RD	ages 7-13



Fitness

Marathon Kids Run Club

Kidokinetics has partnered with Marathon Kids sponsored by Nike® to offer this running and fitness program for kids! Run/walk a full half marathon during the 8-week session or register for both sessions and complete a full marathon! Work on proper running form, strength, flexibility, balance and coordination. Class builds confidence and discipline while helping kids to set and achieve goals! **INSTRUCTOR:** Kidokinetics

JPCC	Tu	4:45-5:45 pm	Feb 9-Apr 6*	\$119 \$95 RD	ages 5-12
JPCC	Tu	4:45-5:45 pm	Apr 20-Jun 8	\$119 \$95 RD	ages 5-12
JPCC	Tu	4:45-5:45 pm	Both sessions: Feb 9-Jun 8*	\$219 \$175 RD	ages 5-12

*No class Mar 30, Apr 13

Martial Arts

Martial Arts

This twice a week class will teach coordination, focus, discipline, and self-confidence, all while having fun. Participants will learn the basics of Traditional Tae Kwon Do - breathing, blocking, punching, kicking, forms, and controlled sparring. All students learn in a safe, supportive, and family-friendly environment. Kick start your life and believe in yourself! **NATIONAL CERTIFIED INSTRUCTOR:** 8th Dan, Jr. Grand Master Randy Berger

WFCH	Tu/Th*	7:00-8:00 pm	Mar 2-30	\$63 mo \$50 mo RD	ages 7-17
WFCH	Tu/Th*	7:00-8:00 pm	Apr 6-29	\$63 mo \$50 mo RD	ages 7-17
WFCH	Tu/Th*	7:00-8:00 pm	May 4-28	\$63 mo \$50 mo RD	ages 7-17
WFCH	Tu/Th*	7:00-8:00 pm	Jun 1-29	\$63 mo \$50 mo RD	ages 7-17
WFCH	Tu/Th*	7:00-8:00 pm	Jul 6-29	\$63 mo \$50 mo RD	ages 7-17
WFCH	Tu/Th*	7:00-8:00 pm	Aug 3-31	\$63 mo \$50 mo RD	ages 7-17

*No class held the first Thursday of every month

Education

Exploring Spanish

Students will learn how to use full sentences to communicate what they like and how to ask questions in Spanish. They will learn the Spanish alphabet and the sounds of each letter so that they are able to accurately pronounce the new words they see. **INSTRUCTOR:** Solorzano Spanish Academy

Flah Park	Th	5:00-6:00 pm	Mar 4-25	\$69 \$55 RD	ages 6-9
Flah Park	Th	5:00-6:00 pm	Apr 8-29	\$69 \$55 RD	ages 6-9

Beginner Taekwondo

This beginner class covers simple self-defense techniques, all while aiding in building self-confidence! The benefit for younger participants will be developing concentration and focus, while the young at heart will find an increase in fitness levels! Adults will benefit by improving flexibility, strength, muscle tone, and an overall greater discipline. Additional \$50 fee paid to instructor for uniform and t-shirt at first class.

INSTRUCTOR: CORE Taekwondo Performance Center

JPCC	Th	6:10-7:00 pm	Mar 4-25	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10-7:00 pm	Apr 1-22	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10-7:00 pm	Apr 29-May 20	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10-7:00 pm	May 27-Jun 17	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10-7:00 pm	Jun 24-Jul 15	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10-7:00 pm	Jul 22-Aug 12	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10-7:00 pm	Aug 19-Sep 9	\$82 mo \$65 mo RD	ages 7+

LEGO®

LEGO® WeDo 2.0 Jr. Robotics

Here's your chance to turn your next LEGO creation into a robot, programmed to do exactly what you tell it to do! Our junior robotics camp works with WeDo 2.0, the newest version of elementary-level robotics from LEGO®. Using drag-and-drop icon-based software, WeDo 2.0 software provides an introduction into the world of computer-programming and robotics that will equip your child to succeed in a technology-based marketplace. This fun, action-packed class combines real-life skills with real-kid fun! Each session will do a different lesson and build. **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	Sa	9:00 am-12:00 pm	Mar 13	\$75	grades 3-5
Ren Ctr	Sa	9:00 am-12:00 pm	Apr 10	\$75	grades 3-5
Ren Ctr	Sa	9:00 am-12:00 pm	May 8	\$75	grades 3-5

LEGO® Remote Control ULVs

LEGO® comes to life when you turn your creations into radio-controlled masterpieces – making it move is the name of the game! You will get to engineer everything from machines to animals with LEGO® Bricks and Technic® elements, then incorporate infrared sensors to convert your creation to remote control operation. In addition to learning the basic principles of many ingenious devices that are part of our everyday lives, you will also learn how to magnify or diminish force to move objects at different speeds and in different directions. Set your remote to "fun!" Games and crafts will also be part of the camper's daily experience. **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	Sa	9:00 am-12:00 pm	Mar 27	\$75	grades K-5
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LEGO® Brick City Architects

Bricksburg needs a refresh and is looking for architects who let their imagination run wild! Using LEGO® Bricks and Technic® elements, campers will build city-themed models including buildings, vehicles, bridges and more to accommodate the people of their new city - Brick by Brick! Campers will also get to construct famous landmarks! All participants take home crafts and at the end of the class, a custom mini figure!

INSTRUCTOR: Gear Shifters STEM Explorers

Ren Ctr	Sa	9:00 am-12:00 pm	Apr 24	\$75	grades K-5
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LEGO® Ninjas Unmasked

LEGO® Ninjago fans will cheer in excitement in this action-packed camp! Come build motorized models worthy of a Spinjitzu Tournament, where Ninjas spin into tornadoes to defeat their enemies. Enter the Spinjitzu Zone and show off your building skills. Creativity will abound as campers build cool models, battle with their mini-figures, customized battle arenas, tools, vehicles and more! All campers take home a custom LEGO® mini figure at the end of the class! **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	Sa	9:00 am-12:00 pm	May 15	\$75	grades K-5
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Meet our Staff



Krista Muse serves as a Facility Supervisor for the Town of Wake Forest. In her role, Krista assists with the Wake Forest Community House, including scheduling tours, booking rentals, and issuing invoices. She also assists at the Alston-Massenburg Center where she aids in creating programs and events. Krista has been with the Town since 2007.

Krista was born and raised in Southern California and moved to Wake Forest with her family during her junior year of high school. With a passion for music, Krista joined the PRCR department as their Guitar Instructor and taught for over 12 years. Though her background includes a career in Finance, she accepted the opportunity to grow with the Town of Wake Forest during the building of Joyner Park Community Center in 2019. Krista loves her current role with the Town and being a part of a family of colleagues.

Krista enjoys spending time with her husband Jeremy who she has been married to for two years. Together they are heavily involved in their church and enjoy spending time with their families. Krista enjoys the little down time she gets by watching a good movie at home with her husband and ordering Hibachi!

ADULT

PROGRAMS & CLASSES



Art

Beginners Oil & Acrylic Painting

Students will start with the basics: color wheel, value, composition and design. First paintings are a learning exercise. Enter the painting world! Materials not included.

INSTRUCTOR: Mary Benejam

Flah Park	Tu	1:00–3:00 pm	Feb 23–Mar 30	\$100 \$80 <i>RD</i>	ages 16+
Flah Park	Tu	1:00–3:00 pm	Apr 13–May 18	\$100 \$80 <i>RD</i>	ages 16+
Flah Park	Tu	1:00–3:00 pm	Aug 10–Sep 7	\$84 \$67 <i>RD</i>	ages 16+

Intermediate Oil & Acrylic Painting

Students will learn new techniques and choose their subject matter. Materials not included. Must have completed Beginners Oil & Acrylic Painting. **INSTRUCTOR:** Mary Benejam

Flah Park	W	10:00 am–12:30 pm	Feb 24–Mar 31	\$100 \$80 <i>RD</i>	ages 16+
Flah Park	W	10:00 am–12:30 pm	Apr 14–May 19	\$100 \$80 <i>RD</i>	ages 16+
Flah Park	W	10:00 am–12:30 pm	Aug 11–Sep 8	\$84 \$67 <i>RD</i>	ages 16+

Advanced Oil Painting

This course is designed for advanced oil painting students. Will work on specific techniques and styles. All students must be approved by instructor. Let's paint a masterpiece! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	10:00 am–12:30 pm	Feb 23–Mar 30	\$100 \$80 <i>RD</i>	ages 16+
Flah Park	Tu	10:00 am–12:30 pm	Apr 13–May 18	\$100 \$80 <i>RD</i>	ages 16+
Flah Park	Tu	10:00 am–12:30 pm	Aug 10–Sep 7	\$84 \$67 <i>RD</i>	ages 16+

Watercolor: Creative Techniques, Beautiful Light

Introduction to a variety of watercolor painting techniques and innovative ways to use them. Participants will be able to create beautiful paintings by exploring step by step landscapes. Nature studies and special lighting effects. **INSTRUCTOR:** Christine Pecore

JPCC	Tu	6:30–8:30 pm	Mar 9–Apr 13	\$106 \$85 <i>RD</i>	ages 16+
JPCC	W	9:30–11:30 am	Mar 10–Apr 14	\$106 \$85 <i>RD</i>	ages 16+
JPCC	Tu	6:30–8:30 pm	Apr 27–Jun 1	\$106 \$85 <i>RD</i>	ages 16+
JPCC	W	9:30–11:30 am	Apr 28–Jun 2	\$106 \$85 <i>RD</i>	ages 16+

Beginners Stained Glass

You will learn to develop a pattern, select glass, cut and fit glass pieces, apply copper foil, and solder a stained glass panel. A pattern and glass will be provided to produce the finished panel. *Participants will be responsible for providing their own tools from the list of materials provided. **INSTRUCTOR:** Gary Steimle

Ren Ctr	Th	10:00 am–12:00 pm	Mar 11–Apr 15	\$135*	ages 18+
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Intermediate Stained Glass

This class will give you the chance to exercise skills learned in the beginner's class and learn new techniques for future projects. You will work on a project of your choice and be responsible for all supplies and materials necessary for the project. Bring your pattern, glass, all of your tools, and your portable bulletin board so that you can transport the project to and from the class. I recommend a panel of less than 150 pieces. I will assist and guide each of you in these projects to improve your final result.

INSTRUCTOR: Gary Steimle

Ren Ctr	Th	12:30-2:30 pm	Mar 18-Apr 8	\$75	ages 18+
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Music

School of MIXX: DJ Lessons **«NEW!»**

Students that take classes with MIXX School of DJing will be educated on the importance of the DJ's role in modern society while having fun learning correct DJing etiquette. Join this high energy class filled with music, sound, and technical skill sets. MIXX is the only school of its kind located in the Carolinas with a full curriculum designed for the beginner or experienced to learn the skills and techniques to become successful DJs while enjoying an exciting learning environment. **INSTRUCTOR:** MIXX School of DJing Arts

Alst Mass	M	5:15-6:15 pm	Mar 8-Apr 5	\$169 \$135 <i>RD</i>	ages 17+
Alst Mass	M	5:15-6:15 pm	Apr 19-May 17	\$169 \$135 <i>RD</i>	ages 17+
Alst Mass	M	5:15-6:15 pm	Jun 7-28	\$169 \$135 <i>RD</i>	ages 17+

Photography

Zen Photography **«NEW!»**

Integrate mindfulness with photography to help you use your camera as a self-care tool to quiet a busy mind and counterbalance the negative stress of everyday life. This workshop includes zen photography practices, mindful nature walks, journaling, image sharing, and group discussions. By the end of session, you will be inspired to move a bit slower, to savor stillness and to always keep your camera close by.

INSTRUCTOR: Tonya Peele

JPCC	Th	7:15-8:15 pm	Mar 11-25	\$38 \$30 <i>RD</i>	ages 18+
JPCC	Th	7:15-8:15 pm	Apr 1-22	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Th	7:15-8:15 pm	Apr 29-May 20	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Th	7:15-8:15 pm	May 27-Jun 17	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Th	7:15-8:15 pm	Jul 22-Aug 12	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Th	7:15-8:15 pm	Aug 19-Sep 9	\$50 \$40 <i>RD</i>	ages 18+

Martial Arts

Martial Arts

This twice a week class will teach coordination, focus, discipline, and self-confidence, all while having fun. Participants will learn the basics of Traditional Tae Kwon Do - breathing, blocking, punching, kicking, forms, and controlled sparring. All students learn in a safe, supportive, and family-friendly environment. Kick start your life and believe in yourself! **NATIONAL CERTIFIED INSTRUCTOR:** 8th Dan, Jr. Grand Master Randy Berger

WFCH	Tu/Th*	7:00-8:00 pm	Mar 2-30	\$63 mo \$50 mo <i>RD</i>	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Apr 6-29	\$63 mo \$50 mo <i>RD</i>	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	May 4-28	\$63 mo \$50 mo <i>RD</i>	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Jun 1-29	\$63 mo \$50 mo <i>RD</i>	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Jul 6-29	\$63 mo \$50 mo <i>RD</i>	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Aug 3-31	\$63 mo \$50 mo <i>RD</i>	ages 18+

* No class held the first Thursday of every month

Beginner Taekwondo

This beginner class covers simple self-defense techniques, all while aiding in building self-confidence! The benefit for younger participants will be developing concentration and focus, while the young at heart will find an increase in fitness levels! Adults will benefit by improving flexibility, strength, muscle tone, and an overall greater discipline. Additional \$50 fee paid to instructor for uniform and t-shirt at first class. **INSTRUCTOR:** CORE Taekwondo Performance Center



JPCC	Th	6:10-7:00 pm	Mar 4-25	\$82 \$65 <i>RD</i>	ages 7+
JPCC	Th	6:10-7:00 pm	Apr 1-22	\$82 \$65 <i>RD</i>	ages 7+
JPCC	Th	6:10-7:00 pm	Apr 29-May 20	\$82 \$65 <i>RD</i>	ages 7+
JPCC	Th	6:10-7:00 pm	May 27-Jun 17	\$82 \$65 <i>RD</i>	ages 7+
JPCC	Th	6:10-7:00 pm	Jun 24-Jul 15	\$82 \$65 <i>RD</i>	ages 7+
JPCC	Th	6:10-7:00 pm	Jul 22-Aug 12	\$82 \$65 <i>RD</i>	ages 7+
JPCC	Th	6:10-7:00 pm	Aug 19-Sep 9	\$82 \$65 <i>RD</i>	ages 7+



Dance

Bollywood Dance << NEW! >>

Bollywood movies made in Bombay (Mumbai) India are entertaining, tell a variety of stories from the Southeast Asian subcontinent and of "Indiaspora" living around the world, made with excellent production values, sets, costumery, and inspiring colorful song & dance sequences. We replicate these upbeat dances in our class using the high energy of Indian folk combined with modern pop elements that is performed in this popular cinema to create and lead a fun upbeat workout for kids and adults. Get uplifted with the music and feel energized with the moves. **INSTRUCTOR:** Priya Chellani, Indigo Dance Evolution Academy

Flah Park	Sa	12:00-1:00 pm	Jan 2-Feb 13*	\$75 \$60 RD	ages 18+
Flah Park	Sa	12:00-1:00 pm	Feb 27-Apr 10*	\$75 \$60 RD	ages 18+

*No class Jan 6, Apr 3

** Interested and qualifying students may be presented with options to join in occasional live stream

Line Dancing

Want to be the life of the party? If so, it's time to get your body up and moving to for some fun and groovy dance moves. Line Dancing is a contactless form of dance. This class is all about meeting new friends and having fun! No experience or partner required. **INSTRUCTOR:** Sue Jennings

JPCC	W	6:00-7:00 pm	Mar 3-24	\$50 \$40 RD	ages 16+
JPCC	W	6:00-7:00 pm	Mar 31-Apr 28*	\$50 \$40 RD	ages 16+
JPCC	W	6:00-7:00 pm	May 5-26	\$50 \$40 RD	ages 16+
JPCC	W	6:00-7:00 pm	Jun 2-23	\$50 \$40 RD	ages 16+
JPCC	W	6:00-7:00 pm	Jul 7-28	\$50 \$40 RD	ages 16+
JPCC	W	6:00-7:00 pm	Aug 4-25	\$50 \$40 RD	ages 16+

*No class Apr 14

** Day of drop-in fee is \$17 (\$13 RD), please call ahead to ensure session is occurring

Fitness

All Level Yoga

Explore calming and centering around your breath, moving energy throughout your body, moderate easy flow (with beginner and power options offered), gentle stretches and finish with an extended meditation. Learn coping skills for stress. Join us on your lunch hour or before school pick up! Please bring an open mind, towel and yoga mat.

INSTRUCTOR: Allison Mercurio, RYT

Flah Park	Tu	12:30-1:30 pm	Feb 23	free*	ages 16+
Flah Park	Tu	12:30-1:30 pm	Mar 2-23	\$40 \$32 RD	ages 16+
Flah Park	Tu	12:30-1:30 pm	Apr 6-27	\$40 \$32 RD	ages 16+
Flah Park	Tu	12:30-1:30 pm	May 4-25**	\$30 \$24 RD	ages 16+
Flah Park	Tu	12:30-1:30 pm	Jun 15-29	\$30 \$24 RD	ages 16+

*Free demo class, pre-registration required

**No class May 18

Gentle Chair Yoga

Chair yoga is a gentle form of yoga to relax tense muscles, increase flexibility, stabilize joints and strengthen the body while sitting on a chair or standing using the chair for support. Explore calming and centering your breath, moving energy throughout your body, easy seated flow, gentle stretches and meditation. It is beneficial if you have limited mobility. **INSTRUCTOR:** Kathleen Mulder, RYT

WFCH	Tu	6:00-7:00 pm	Mar 2-30	\$35 \$28 RD	ages 18+
WFCH	Tu	6:00-7:00 pm	Apr 13-May 11	\$35 \$28 RD	ages 18+
WFCH	Tu	6:00-7:00 pm	Jun 1-29	\$35 \$28 RD	ages 18+
WFCH	Tu	6:00-7:00 pm	Jul 20-Aug 17	\$35 \$28 RD	ages 18+

Yoga for Transformation

This introduction to yoga class teaches flexibility while learning to listen and communicate with the body in a new way. You will learn to work with the body to express the best pose for the individual. Please bring a yoga mat. **INSTRUCTOR:** Orianna Nienan

JPCC	M	7:15-8:15 pm	Mar 8-29	\$75 \$60 RD	ages 14+
JPCC	M	7:15-8:15 pm	Apr 5-26	\$75 \$60 RD	ages 14+
JPCC	M	7:15-8:15 pm	May 3-24	\$75 \$60 RD	ages 14+
JPCC	M	7:15-8:15 pm	Jun 7-28	\$75 \$60 RD	ages 14+
JPCC	M	7:15-8:15 pm	Aug 2-23	\$75 \$60 RD	ages 14+

*Day of drop-in fee \$25 (\$20 RD), please call ahead to ensure available spots

Tai Chi for Beginners

A basic introduction to Tai Chi movement with a focus on breathing with gentle, slow fluid body movements. This practice is excellent for calming the busy mind and suitable for all fitness levels! Tai Chi is a tonic for the body, mind and spirit.

INSTRUCTOR: Orianna Nienan



JPCC	Sa	10:15-11:00 am	Feb 27-Mar 20	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Tu	7:00-7:45 pm	Mar 2-23	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Tu	7:00-7:45 pm	Mar 30-Apr 20	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Sa	10:15-11:00 am	Apr 10-May 8*	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Tu	7:00-7:45 pm	Apr 27-May 18	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Sa	10:15-11:00 am	May 15-Jun 5	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Tu	7:00-7:45 pm	May 25-Jun 15	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Sa	10:15-11:00 am	Jun 12-26	\$45 \$36 <i>RD</i>	ages 14+
JPCC	Tu	7:00-7:45 pm	Aug 3-24	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Sa	10:15-11:00 am	Aug 7-28	\$60 \$48 <i>RD</i>	ages 14+

* No class Apr 17

** Day of drop-in fee \$19 (\$15 *RD*), please call ahead to ensure available spots

Boot Camp for Fun

Incorporate challenging moves like bear crawls, jump squats, burpies and more in a fun and encouraging environment! Intense activity alternated with intervals of lighter activity through fun personal challenges and relay races. It's all about pushing yourself to your max and rooting each other on! Tell your friends and let's get boot camping! Classes will be held outside in the park with some use of the indoor facility. **INSTRUCTOR:** Cortney Ringsdorf

JPCC	M	5:00-5:45 pm	Mar 22-Apr 12	\$50 \$43 <i>RD</i>	ages 15+
JPCC	M	5:00-5:45 pm	Apr 19-May 3	\$40 \$33 <i>RD</i>	ages 15+
JPCC	M	5:00-5:45 pm	May 17-Jun 14*	\$50 \$43 <i>RD</i>	ages 15+
JPCC	M	5:00-5:45 pm	Jun 21-Jul 26*	\$50 \$43 <i>RD</i>	ages 15+
JPCC	M	5:00-5:45 pm	Aug 2-23	\$50 \$43 <i>RD</i>	ages 15+

* No class May 31, Jul 5, Jul 12

** Day of drop-in fee \$16 (\$13 *RD*), please call ahead to ensure available spots

Barre Fit

Barre Fit combines attributes of Pilates, dance and functional fitness training for a full body workout. The classes are designed to fatigue your muscles through proper form and small isolated movements. You will feel the burn in this fast paced workout where every minute counts! This class can be done in your barefeet or with grippy socks and you will also need a yoga mat. **INSTRUCTOR:** Cortney Ringsdorf

JPCC	M	6:00-6:55 pm	Mar 22-Apr 12	\$50 \$43 <i>RD</i>	ages 15+
JPCC	M	6:00-6:55 pm	Apr 19-May 3	\$40 \$33 <i>RD</i>	ages 15+
JPCC	M	6:00-6:55 pm	May 17-Jun 14*	\$50 \$43 <i>RD</i>	ages 15+
JPCC	M	6:00-6:55 pm	Jun 21-Jul 26*	\$50 \$43 <i>RD</i>	ages 15+
JPCC	M	6:00-6:55 pm	Aug 2-23	\$50 \$43 <i>RD</i>	ages 15+

* No class May 31, Jul 5, Jul 12

** Day of drop-in fee \$16 (\$13 *RD*), please call ahead to ensure available spots

Strength & Strollers

This mommy or dad and me class is designed to allow moms and dads to participate in an exercise program, along with interacting with their kiddos and other parents. Class is 45 minutes, with the majority of the class including cardio and body weight/band strengthening while entertaining the kids by moving around the facility or park (weather permitting). The last 10 minutes will include an activity that all can enjoy! Strollers are required. **INSTRUCTOR:** Danielle Vaughan

JPCC	Tu	10:00-10:45 am	Mar 2-23	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Tu	10:00-10:45 am	Mar 30-Apr 20	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Tu	10:00-10:45 am	Apr 27-May 18	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Tu	10:00-10:45 am	May 25-Jun 15	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Tu	10:00-10:45 am	Jun 22-Jul 13	\$50 \$40 <i>RD</i>	ages 18+

* Day of drop-in fee is \$16 (\$13 *RD*), please call ahead to ensure session is occurring





Chair Yoga

Leave the yoga mat at home and get the benefits of yoga with the support of a chair. With our expert-led class, we will explore the world of yoga. We are open to all experience levels. **INSTRUCTOR:** Yazmin Taylor

JPCC	W	11:00–11:55 am	Mar 3–24	\$50 \$40 RD	ages 18+
JPCC	W	11:00–11:55 am	Mar 31–Apr 21	\$50 \$40 RD	ages 18+
JPCC	W	11:00–11:55 am	Apr 28–May 19	\$50 \$40 RD	ages 18+
JPCC	W	11:00–11:55 am	May 26–Jun 16	\$50 \$40 RD	ages 18+
JPCC	W	11:00–11:55 am	Jun 23–Jul 14	\$50 \$40 RD	ages 18+
JPCC	W	11:00–11:55 am	Jul 21–Aug 11	\$50 \$40 RD	ages 18+
JPCC	W	11:00–11:55 am	Aug 16–Sep 8	\$50 \$40 RD	ages 18+

* Day of drop-in fee \$16 (\$13 **RD**), please call ahead to ensure session is occurring

Zumba

Ditch the workout and join the party! Come out and join us for a workout like none other! We will teach you steps to popular dances like salsa, merengue, cumbia, reggaeton, hip-hop, belly dancing and more. We take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Moves are catered to all experience levels. **INSTRUCTOR:** Neltonia Prince/Anjelica Brown

JPCC	Sa	9:00–10:00 am	Mar 6–27	\$25 \$20 RD	ages 18+
JPCC	M	6:30–7:30 pm	Mar 8–29	\$25 \$20 RD	ages 18+
JPCC	Sa	9:00–10:00 am	Apr 3–24	\$25 \$20 RD	ages 18+
JPCC	M	6:30–7:30 pm	Apr 5–26	\$25 \$20 RD	ages 18+
JPCC	Sa	9:00–10:00 am	May 1–22	\$25 \$20 RD	ages 18+
JPCC	M	6:30–7:30 pm	May 3–24	\$25 \$20 RD	ages 18+
JPCC	Sa	9:00–10:00 am	May 29–Jun 19	\$25 \$20 RD	ages 18+
JPCC	M	6:30–7:30 pm	Jun 7–28	\$25 \$20 RD	ages 18+
JPCC	Sa	9:00–10:00 am	Jun 26–Jul 17	\$25 \$20 RD	ages 18+
JPCC	M	6:30–7:30 pm	Jul 5–26	\$25 \$20 RD	ages 18+
JPCC	M	9:00–10:00 am	Jul 12–26	\$19 \$15 RD	ages 18+
JPCC	M	6:30–7:30 pm	Aug 2–23	\$25 \$20 RD	ages 18+
JPCC	Sa	9:00–10:00 am	Aug 21–Sep 11	\$25 \$20 RD	ages 18+
JPCC	M	6:30–7:30 pm	Aug 30–Sep 20	\$25 \$20 RD	ages 18+

* Day of drop-in fee \$9 (\$7 **RD**), please call ahead to ensure session is occurring

Move It Move It Fitness Line Dance

Attention all adults... tonight is your night to get out and learn some new dance moves, while getting into shape. This class led by our professional teaching staff is a high energy, body moving class that will include isolated workouts to tone and lose weight all while learning various line dances, moving our bodies to the rhythm and having a great time! Do not miss out on this great opportunity for some fun me time! Pay as you go or purchase a six week session at a discount! Uniform: Workout or comfortable clothing. Sneakers **INSTRUCTOR:** Monet Dance Performing Arts Studio

JPCC	Th	7:20–8:20 pm	Feb 25–Apr 1	\$63 \$50 RD	ages 18+
JPCC	Th	7:20–8:20 pm	Apr 15–May 20	\$63 \$50 RD	ages 18+
JPCC	Th	7:20–8:20 pm	Jun 3–Jul 8	\$63 \$50 RD	ages 18+

*Day of drop-in fee \$13 (\$10 **RD**), please call ahead to ensure session is occurring

Culinary Arts

Adult Cooking Fun!

Do you like to entertain, cook or just like the pleasure of good food? Our adult cooking classes will entertain your pallet with a variety of cuisines for the novice and experienced cooks alike! Learn to cook with ease, speed and variety while enjoying various entrées. **INSTRUCTOR:** Pinnacle Culinary Arts Institute

JPCC	Tu	10:30 am–12:30 pm	Mar 9	Lemon Chicken	\$44 \$35 RD	ages 15+
JPCC	Tu	10:30 am–12:30 pm	Apr 6	Scallops St. Jacques	\$44 \$35 RD	ages 15+
JPCC	Tu	10:30 am–12:30 pm	May 4	Chicken Piccata	\$44 \$35 RD	ages 15+
JPCC	Tu	10:30 am–12:30 pm	Jun 8	Poached Salmon	\$44 \$35 RD	ages 15+
JPCC	Tu	10:30 am–12:30 pm	Jul 6	Moroccan Chicken	\$44 \$35 RD	ages 15+
JPCC	Tu	10:30 am–12:30 pm	Aug 10	Jerk Chicken	\$44 \$35 RD	ages 15+

Magic: The Gathering

Introduction to Magic: The Gathering

In this four-week course, participants will learn to play Magic: The Gathering, a popular table-top collectible card game. Each player will receive cards and supplies to start their personal collections and will graduate with the skills and confidence to join in Magic events at local game stores and conventions. **INSTRUCTOR:** Kirk Mulderig, Atomic Empire

Flah Park	Th	7:00–8:30 pm	Jun 17–Jul 8	\$63 \$50 RD	ages 16+
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Cookie Decorating 101 «NEW!»

Join our new cookie decorating instructor as she teaches you to pipe, embellish and flood cookies like you have never done before! Create fun themed cookies like a pro! All skill levels are welcome. **INSTRUCTOR:** Cathy Quinn

JPCC	Sa	10:00 am–1:00 pm	Mar 13	<i>Weather Cookies</i>	\$50 \$40 RD	ages 18+
JPCC	Sa	10:00 am–1:00 pm	Apr 17	<i>Baby Animal Cookies</i>	\$50 \$40 RD	ages 18+
JPCC	Sa	10:00 am–1:00 pm	May 15	<i>Flower Cookies</i>	\$50 \$40 RD	ages 18+
JPCC	Sa	10:00 am–1:00 pm	Jun 12	<i>Beach Cookies</i>	\$50 \$40 RD	ages 18+
JPCC	Sa	10:00 am–1:00 pm	Jul 17	<i>Ocean Cookies</i>	\$50 \$40 RD	ages 18+
JPCC	Sa	10:00 am–1:00 pm	Aug 14	<i>Space Cookies</i>	\$50 \$40 RD	ages 18+

Social

Game Night

Experience a fun night of games in a welcoming atmosphere! This program is geared for adults ages 21+. Join us for spades, Bid Whist, Dominos and more!

Alst Mass	F	6:00–9:00 pm	Mar 19	free	ages 21+
Alst Mass	F	6:00–9:00 pm	Apr 16	free	ages 21+
Alst Mass	F	6:00–9:00 pm	May 21	free	ages 21+
Alst Mass	F	6:00–9:00 pm	Jun 18	free	ages 21+
Alst Mass	F	6:00–9:00 pm	Jul 16	free	ages 21+
Alst Mass	F	6:00–9:00 pm	Aug 20	free	ages 21+

Esports

Battle in the Forest Esports Tournament

Enjoy video games and competing to be the best? If so, Battle in the Forest is the place for you! This Esports tournament will be an ongoing arena of different games throughout the year. The tournament will be played online and live streamed. An assortment of prizes will be given to the top teams. The featured game will be determined at a later date. For more information, visit wakeforestnc.gov and search "Esports."



Online	Sa–Su	1:00 pm	Apr 24–25	free*	ages 16+
Online	Sa–Su	1:00 pm	Jul 24–25	free*	ages 16+

*Pre-registration required

Wake Forest PRCR Esports

Are you ready to compete at the next level? We are teaming up with Mission Control in our NEW eSports leagues! Download the FREE Mission Control app, select Wake Forest PRCR esports and get ready to take your game to the next level. Play for prizes and bragging rights!

online	6:00 pm	Mar 8–Apr 16	<i>Fornite, League of Legends, Rocket League 2v2</i>	\$10	ages 12+
online	6:00 pm	Apr 19–May 28	<i>Fornite, Rocket League 2v2, Mario Kart Deluxe 8</i>	\$10	ages 12+
online	6:00 pm	May 31–Jul 9	<i>Fornite, Super Smash, Mario Kart Deluxe 8</i>	\$10	ages 12+
online	6:00 pm	Jul 12–Aug 20	<i>Fornite, League of Legends, Rocket League 2v2</i>	\$10	ages 12+

Meet our Staff

Charles T. Grant has worked for the Town of Wake Forest since 2006. He currently works at Flaherty Park Community Center as a Facility Supervisor. The majority of his youth and teenage years were spent in the Wake Forest community. He graduated from Wake Forest-Rolesville High School in 1975. He completed post-secondary education at Winston-Salem State University and the City College of Chicago.

His previous employment includes the United States Army (1977-1980), honorably discharged receiving several letters of commendations and the Army Commendation Medal. He was also employed with the State of NC Department of Public Safety and retired in 2013 with 33 years of service. His place of worship and service to the community is Olive Branch Baptist Church in Wake Forest. His personal motto is, "We are stronger TOGETHER".



SPECIALIZED

& INCLUSION PROGRAMS

Specialized Programs

Club Connect

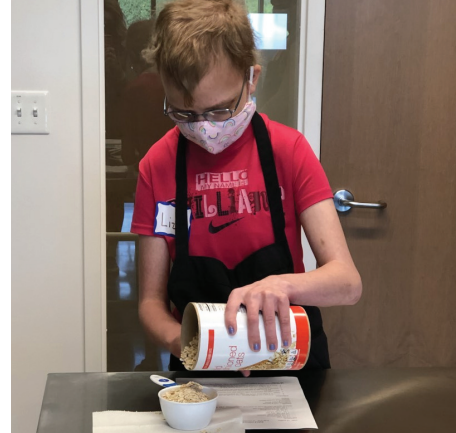
Join us once a month for socialization, activities and fun! Participants will be provided the opportunity to socialize with peers, play games, be creative, and plan activities based on input from the group. Participants must be able to perform self-care routines independently and can bring a buddy if necessary. Don't miss out on all the excitement!

JPCC	Th	5:30-7:30 pm	Mar 25	free	ages 15+
JPCC	Th	5:30-7:30 pm	Apr 22	free	ages 15+
JPCC	Th	5:30-7:30 pm	May 27	free	ages 15+
JPCC	Th	5:30-7:30 pm	Jun 24	free	ages 15+
JPCC	Th	5:30-7:30 pm	Jul 22	free	ages 15+
JPCC	Th	5:30-7:30 pm	Aug 26	free	ages 15+

We Can Dance: Dance Abilities Class <<NEW!>>

This class is specifically tailored for students ages 9-25 years with Down Syndrome, (ASD) Autism Spectrum Disorder, Cerebral Palsy, and other hearing or developmental delays (including those requiring the use of a wheelchair or special hearing devices). This class will allow students to balance between the two halves of their body, express emotion, and gain muscle control, all while enjoying fun music and interacting with peers! **ATTIRE:** Workout or comfortable clothing, sneakers. **INSTRUCTOR:** Monet Dance Performing Arts Studio

Alst Mass	Tu	5:00-5:45 pm	Feb 23-Mar 16	\$50	ages 15-25
Alst Mass	Tu	5:00-5:45 pm	Apr 13-May 4	\$50	ages 9-14
Alst Mass	Tu	5:00-5:45 pm	Jun 1-22	\$50	ages 15-25



We Cook Wednesdays Cooking Class

Experience the fun of cooking! Participants will learn key food preparation techniques and work together to prepare a different dish every week. During each class we will discuss kitchen and food safety, nutrition, and planning. This is a hands-on participatory class. Come prepared to cook & taste! **INSTRUCTOR:** Gerry Corvo

JPCC	W	5:30-7:30 pm	Mar 3-31	\$50*	ages 15+
JPCC	W	5:30-7:30 pm	Apr 14-May 12	\$50*	ages 15+

**Pre-registration required, \$10 late fee assessed after deadline*

Mix It Up Baking Class

Learn and practice baking skills. Participants will learn basic baking skills and work together to create muffins, quick breads, and cookies. During each class we will discuss kitchen and food safety, nutrition and planning. This is a hands-on participatory introductory class. **INSTRUCTOR:** Gerry Corvo

JPCC	M	5:30-7:30 pm	Mar 1-22	\$35*	ages 12+
JPCC	M	5:30-7:30 pm	Apr 19-May 10	\$35*	ages 12+

**Pre-registration required, late fee assessed after deadline*

Spirit League Basketball

Spirit League is a unifying, safe and inclusive place for special needs teens and young adults to play basketball, get physically active, and make new friends. Our program stands for acceptance, teamwork, skill development and fun. Spirit League will always celebrate diversity, sportsmanship and the opportunity to be a beacon of hope for all.

JPCC	Th	5:30-7:00 pm	May 20-Jul 1	\$15*	ages 12+
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**Pre-registration required, \$10 late fee assessed after deadline*

Abilities Tennis Clinics

Abilities Tennis clinics provide specialized instruction and practice for athletes, ages 8 and up. Coaches and volunteers are trained to teach the fundamentals of tennis, practice drills and fun games geared toward improving tennis skills. All experience levels, beginners, intermediate, and advanced skills, are all welcome. Coaches are able to adapt tennis for each individual so that all can join in the fun. **INSTRUCTOR:** Abilities Tennis NC

Heritage High Park	Sa	4:00-5:00 pm	Apr 10-May 22	free*	ages 8+
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**Pre-registration required*

Preschool Sensory Gym

Bring your little one for play time and have a chance to make new friends! In partnership with Pediatric Therapy Associated, we will provide a safe, accepting, and playful environment filled with fun educational and therapeutic toys to play with. No instruction or supervision will be provided. Parents/caregivers are required to stay with their child.

Flah Park	M	10:45-11:45 am	ongoing	free	18 mos-5 yrs
Flah Park	Th	11:00 am-12:00 pm	ongoing	free	18 mos-5 yrs

Decades Dance <<NEW!>>

Kick off summer with a dance party! Come dressed up in your favorite decades outfit and join us for an evening complete with a DJ, refreshments, dancing, and fun! Come with friends or come make new ones! Chaperones will be available for supervision but participants can bring additional support if necessary.

WFCH	Sa	6:00-8:00 pm	Jun 26	\$15*	ages 12+
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**Pre-registration required, \$10 late fee assessed after deadline*

Egg-ceptional Egg Hunt

This egg hunt caters to children with disabilities and their families. The purpose of our egg hunt is to provide a fun, safe, family-friendly environment that allows children who may have difficulty participating in a traditional egg hunt the opportunity to hunt for Easter eggs. Bring a buddy to help if needed..

Joyner Park*	Sa	11:15-11:45 am	Apr 3	free	all ages
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**In case of inclement weather, the event may be relocated to the Joyner Park Community Center, 701 Harris Road*

Dream League Baseball

Designed for school-age participants with special needs, league games are played on Saturdays from late April through early June. Registration will be held February 1-28.

STAFF CONTACT: Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559

Registration: Mar 1-31	Apr-Jun season	\$15*	ages 5+
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**Pre-registration required, \$10 late fee assessed after deadline*

Dream League Baseball "BUDDY" Program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least 3 games per season.

STAFF CONTACT: Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559

Registration: Mar 1-31	Apr-Jun season	free*	ages 10+
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**Pre-registration required*

Inclusion Services

The Town of Wake Forest's Parks, Recreation, & Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with special needs to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Kelly Schurtz at kschurtz@wakeforestnc.gov or 919-435-9559.

What is a reasonable modification?

Reasonable modifications are additional supports and resources used to help aid a person with a disability to participate in any program. These resources may include, but are not limited to, auxiliary aids or services, adaptive equipment, or additional support staff. The ADA does not require the Town of Wake Forest to take any action that would fundamentally alter the nature of its programs or services, compromise the safety of participants, or impose an undue financial or administrative burden.

For questions or program ideas, please contact Recreation Specialist Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559.

Community Resources for Specialized Services

Abilities Tennis of NC	919-606-4917
Alliance Behavioral Healthcare.....	800-510-9132
Alliance of Disability Advocates -	
Center for Independent Living	919-833-1117
The ARC of the Triangle	919-832-2660
A Small Miracle Inc.	919-900-4422
Autism Society of NC - Wake Co. Chapter	800-442-2762
Brain Balance Achievement Center of Wake Forest	919-554-4622
East Point Prosthetics & Orthotics	919-844-7897
GiGi's Playhouse	919-307-3952
NC ABLE.....	919-814-4000
North Carolina Special Olympics.....	919-719-7662
Special Olympics Wake County	919-996-2111
Triangle Behavioral & Educational Solutions	919-449-8345
Triangle Down Syndrome Network.....	919-803-0515
Wake County Human Services	919-212-7000
Wake Forest Dream League	919-556-7093
WCPSS - Family & Community Connections.....	919-431-7334



CAMPS

SUMMER ENRICHMENT PROGRAMS

Day Camp

Camp Nahele (pronounced nah-heh-le)



Camp Nahele ("nahele" means "forest" in Hawaiian) is a full day recreational summer camp program designed to enhance your child's summer experiences through arts and crafts, education, nature, recreational and sporting activities. The camp will operate for a nine-week period from June 15 through August 14, at the Wake Forest Community House, 133 W. Owen Ave. The camp is offered Monday through Friday, from 9 a.m. to 5 p.m. Early drop-off is 7:30 a.m. and late pick up is 6 p.m. Participants must be at least six years old on or before June 1, 2021.

WFCH	M-F	7:30 am-6:00 pm	Jun 14-Aug 13*	\$150/wk \$125/wk RD	ages 6-12
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*No camp held Jul 5

Art Camps

Preschool Art Camp

Come along for a week of fun exploring all things garden. From bugs to the very pretty flowers with art, crafts and a story time with Mr. Moo Monet. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M-F	9:00 am-12:00 pm	Jun 21-25	\$125/wk \$100/wk RD	ages 3-5
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Youth Art Camp

Come jump aboard the art time machine and explore ancient Egyptian art traveling up to modern day with a few stops along the way. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M-F	9:00 am-12:00 pm	Aug 2-6	\$138/wk \$110/wk RD	ages 6-10
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Art 4 Fun Camp

Students will enjoy working with drawing pencils, watercolors, acrylics and more! Participants will complete an art project each day. Paint your masterpiece! Materials included. Please bring a snack daily. **INSTRUCTOR:** Mary Benejam

Flah Park	M-F	9:00 am-12:00 pm	Jun 14-18	\$138/wk \$110/wk RD	ages 9-12
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Art for Teens Camp

Students will enjoy working with: drawing pencils, ink, watercolors, acrylics and more. We will emphasize on values and shapes and complete an art project every day. Materials included. Please bring a snack daily. **INSTRUCTOR:** Mary Benejam

Flah Park	M-F	9:00 am-12:00 pm	Jun 21-25	\$138/wk \$110/wk RD	ages 13-16
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Performing Arts Camps

Summer Stage

Do you like to sing, dance, and act? Then sign up to be a part of this live on-stage musical production! Spend a full week learning through doing. Our faculty and staff have extensive experience and come from some of the finest performing arts schools in the country. Along with the staff, you and your fellow campers will be **creating** a themed performance. This show will consist of song, dance, and scenes and will be "presented" on Friday of each week. We will work on a new performance **each** week and each week culminates in a new show. Instructors: Carrie Phipps and Bryan Phoebeus

Ren Ctr	M-F	9:00-4:00 pm	July 12-16	\$300	grades K-10
Ren Ctr	M-F	9:00-4:00 pm	July 19-23	\$300	grades K-10
Ren Ctr	M-F	9:00-4:00 pm	July 26-30	\$300	grades K-10
Ren Ctr	M-F	9:00-4:00 pm	Aug 2-6	\$300	grades K-10
Ren Ctr	M-F	9:00-4:00 pm	Aug 9-13	\$300	grades K-10

Puppetry Lab Camp

Students will engage in the art of puppetry through creating different types of puppets and learning basic puppet manipulation skills. This camp combines crafting, playwriting, and performance skills to engage students in creating dynamic puppets, specific characters and compelling stories. **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr	M-F	9:00 am-4:00 pm	Jun 21-25	\$285	grades 4-6*
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*Reflects student's grade in fall 2021





LEGO® Summer Camps

Adventures in STEM with LEGO® Materials

Let your imagination run wild with Play-Well TEKologies and tens of thousands of LEGO® parts. Build engineer-designed projects such as: chugging Steamboats, enchanting Moon Bridges, and bustling Airports. Design and build as never before and explore your craziest ideas. **INSTRUCTOR:** Play-Well TEKologies

JPCC	M-F	9:00 am-12:00 pm	Jun 14-18	\$215 \$170 RD	ages 5-7
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LEGO® Camp - Remote Control ULVs

LEGO® comes to life when you turn your creations into radio-controlled masterpieces - making it move is the name of the game! You will get to engineer everything from machines to animals with LEGO® Bricks and Technic® elements, then incorporate infrared sensors to convert your creation to remote control operation. In addition to learning the basic principles of many ingenious devices that are part of our everyday lives, you will also learn how to magnify or diminish force to move objects at different speeds and in different directions. Set your remote to "fun!" Games and crafts will also be part of the camper's daily experience. **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	M-F	9:00 am-12:00 pm	Jun 14-18	\$195	grades K-5
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STEM Explorations with LEGO® Materials

Refine your construction skills as you tinker with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts through projects such as: dizzying Teacup Rides, customized Cuckoo clocks, and the historic Wright Flyer. Design and build as never before and explore your craziest ideas. **INSTRUCTOR:** Play-Well TEKologies

JPCC	M-F	1:00-4:00 pm	Jun 14-18	\$215 \$170 RD	ages 7-12
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LEGO® Camp - Golden Age of Gaming

Step back in time and bring the world of classic retro video games to life by building classic icons with LEGO® Bricks and Technic® elements. Not only will you build awesome models and working contraptions depicting your favorite arcade and video game heroes but you will also have the opportunity to play some of the original 8 and 16 bit games on their original vintage Sega® and Nintendo® consoles. This is a unique opportunity to experience classic video games through LEGO® and see first hand how the current video game craze started decades ago! At the end of the week, you not only travel back to the future but get to bring back your own custom mini figure. **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	M-F	9:00 am-12:00 pm	Jun 28-Jul 2	\$195	grades 3-5
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Jedi Engineering with LEGO® Materials

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles with LEGO® materials as we construct the Ewok Village on Endor, fly through space on our X-Wings, and defend the Echo Base on Hoth. Create motorized and architectural projects with imagination and engineering to defeat the Empire! **INSTRUCTOR:** Play-Well TEKologies

JPCC	M-F	9:00 am-12:00 pm	Jun 28-Jul 2	\$215 \$170 RD	ages 5-7
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Minecraft Master Engineering with LEGO® Materials

Bring Minecraft to life using LEGO® parts! Build an Iron Golem, the Nether Portal, and the Ender Dragon. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. **INSTRUCTOR:** Play-Well TEKologies

JPCC	M-F	1:00-4:00 pm	Jun 28-Jul 2	\$215 \$170 RD	ages 7-12
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LEGO® Camp - Comic Book Creator

Campers will explore the artistic form of comic book design as they learn to create their own custom electronic comic book. Participants will create their own characters, develop story lines and incorporate pictures of actual sets, all designed with LEGO® Bricks and Technic® elements! After creating various scenes, campers will snap pictures and upload them, utilizing a software program to create their very own, one of a kind comic book. At the end of the week, campers will be provided with a digital copy of the comic book they created. **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	M-F	1:00-4:00 pm	Jun 28-Jul 2	\$195	grades 3-5
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Transportation Engineering with LEGO® Materials

Break the sound barrier on a supersonic jet, deliver cargo by train, and explore a swamp in your airboat. Build and create different modes of transportation out of more than 20,000 pieces of LEGO®, all while learning about the engineering concepts that make vehicles and vessels work. **INSTRUCTOR:** Play-Well TEKologies

JPCC	M-F	9:00 am-12:00 pm	Jul 19-23	\$215 \$170 RD	ages 5-7
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Animal Master Architects with LEGO® Materials

Be inspired by the natural innovation and engineering of the animal world and tens of thousands of LEGO® parts! Design and build fluttering butterflies, stomping elephants, and fierce Tasmanian devils. Apply real world mechanical engineering concepts as you design, build, and explore your craziest ideas. **INSTRUCTOR:** Play-Well TEKologies

JPCC	M-F	1:00-4:00 pm	Jul 19-23	\$215 \$170 RD	ages 7-12
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CAMPS

Pokémon Engineering using LEGO® Materials

Join Ash and Pikachu as you build, capture, train, and explore the vast world of Pokemon with tens of thousands of LEGO® parts. Design your own Poke Balls, explore the Kanto region, and fly with Charizard. Explore engineering through the fun world of Pokemon with the guidance of a Play-Well instructor. **INSTRUCTOR:** Play-Well TEKnologies

Flah Park	M-F	9:00 am-12:00 pm	Jul 26-30	\$207 \$165 RD	ages 5-7
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Pokémon Master Engineering using LEGO® Materials

Start your training in Pallet Town and expand your Pokedex as you collect your favorite Pokemon with LEGO materials. Surf with Blastoise, challenge Team Rocket, and earn badges from gym leaders on your way to the Pokemon League. Design and build as never before and explore your craziest ideas while learning about STEM concepts. **INSTRUCTOR:** Play-Well TEKnologies

Flah Park	M-F	1:00-4:00 pm	Jul 26-30	\$207 \$165 RD	ages 7-12
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Minecraft Engineering with LEGO® Materials

Bring Minecraft to life using tens of thousands of LEGO® parts! Build engineer-designed projects such as a Creeper, a Lava Trap, and a Minecart. Create your favorite Minecraft mobs, tools, and objects with the guidance of an experienced Play-Well instructor. **INSTRUCTOR:** Play-Well TEKnologies

JPCC	M-F	9:00 am-12:00 pm	Aug 2-6	\$215 \$170 RD	ages 5-7
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Transportation Master Engineering with LEGO® Materials

Take a double decker bus ride through London, pilot a hovercraft over land and sea, and make important deliveries in a cargo plane. Learn about STEM concepts as we explore the various ways that we transport goods and people from place to place. **INSTRUCTOR:** Play-Well TEKnologies

JPCC	M-F	1:00-4:00 pm	Aug 2-6	\$215 \$170 RD	ages 7-12
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Athletic Camps

JJ Miller Basketball Camp

JJ Miller Basketball Camp helps youth learn the value of teamwork, discipline, strong work ethic, and moral values through the game of basketball. JJ Miller strives to help each camper develop the fundamentals of the game while having loads of fun! JJ and his staff provide a safe and fun environment for kids of all ages, gender, and skill level to learn and improve at the game of basketball. Please bring a snack daily. **INSTRUCTOR:** JJ Miller, Hooper's Elite Basketball Services

Flah Park	Tu-F	8:00 am-12:00 pm	Jul 6-9	\$100* \$80 RD*	ages 7-12
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Flah Park	Tu-F	8:00 am-12:00 pm	Jul 6-9	\$100* \$80 RD*	ages 7-12
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*T-shirts are guaranteed for those who pre-register at least 10 business days prior to start of camp

Kidokinetics Preschool Sports Camp

Our Preschool sports camp introduces preschoolers to a variety of sports, group games and fitness activities! An exciting addition to your summer schedule, our experienced coaches will ensure the kids are having fun while being active and learning new sports skills. Activities include baseball, basketball, hockey, parachute and much, much more! Children must be potty trained. **INSTRUCTOR:** Kidokinetics

JPCC	M-F	9:00 am-12:00 pm	Jun 7-11	\$181 \$145 RD	ages 3-6
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JPCC	M-F	9:00 am-12:00 pm	Jun 21-25	\$181 \$145 RD	ages 3-6
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JPCC	M-F	9:00 am-12:00 pm	Jul 26-30	\$181 \$145 RD	ages 3-6
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Kidokinetics All Sports Camp

Our multi sports camp introduces kids to a variety of sports, games and activities that will get them moving! Soccer, baseball, hockey, basketball and lacrosse headline the expansive roster of sports. Campers will learn new skills, gain self-confidence and try sports they may not have had an opportunity to try before. If your kids love all things sports, this camp is for them! **INSTRUCTOR:** Kidokinetics



JPCC	M-F	1:00-4:00 pm	Jun 21-25	\$181 \$145 RD	ages 6-9
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JPCC	M-F	9:00 am-12:00 pm	Jul 12-16	\$181 \$145 RD	ages 6-9
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JPCC	M-F	1:00-4:00 pm	Jul 26-30	\$181 \$145 RD	ages 6-9
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JPCC	M-F	9:00 am-12:00 pm	Aug 2-6	\$181 \$145 RD	ages 6-9
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Fast Track! Track & Field Camp

Developed by USA Track and Field®, Fast Track!, is a hands-on learning program to get kids excited about the basics of the running, jumping and throwing skills associated with track and field activities. Camp will provide an introduction to a variety of activities include running form, starts, hurdles and standing long jump and much more! **INSTRUCTOR:** Kidokinetics



JPCC	M-F	1:00-4:00 pm	Jul 12-16	\$181 \$145 RD	ages 6-9
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Fundamental Field Hockey Clinic

We've teamed up with USA Field Hockey® to introduce the FUNDamental Field Hockey Program! Clinic provides an introduction to the core concepts and fundamentals of the game of field hockey through a variety of learning games and instructional drills. This is a great introduction to a sport that is growing in popularity in the U.S. but is the world's third most popular sport! Equipment is provided. **INSTRUCTOR:** Kidokinetics

JPCC	T/Th	1:00-4:00 pm	Aug 3-5	\$73 \$58 RD	ages 7-11
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Networks Basketball

This full day & half day camp will help your player learn and develop individually the skills needed to be a better player. Camp will include, drill work, skill contest, and competitive play situations. With over 25 years of experience, Networks Basketball camp will be a week full of instructional fun! Drop off as early as 8am, pick up as late as 5pm. **INSTRUCTOR:** Networks Basketball

JPCC	M-F	9:00 am-12:00 pm	Jun 14-18	Half Day Camp	\$94 \$75 RD	ages 7-12
JPCC	M-F	9:00 am-4:00 pm	Jun 28-Jul 2	Full Day Camp	\$219 \$175 RD	ages 7-12
JPCC	M-F	9:00 am-4:00 pm	Jul 19-23	Full Day Camp	\$219 \$175 RD	ages 7-12

Soft-Stick Lacrosse Clinic

We've teamed up with US Lacrosse® to introduce the Soft-Stick Program! This version of lacrosse is designed for first-time players or those with some basic knowledge who want to improve skills. Focus is on the fundamentals of the game including passing, catching, cradling, defense and overall rules and team play. Equipment is provided. **INSTRUCTOR:** Kidokinetics

JPCC	MWF	1:00-4:00 pm	Aug 2-6	\$110 \$88 RD	ages 9-14
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Taekwondo Summer Camp

CORE Taekwondo Performance Center will provide a safe and fun environment for each camper. While building self-confidence, campers will participate in team building exercises, outdoor activities, arts/crafts and of course Taekwondo. Our goals are to develop flexibility, strength, and greater discipline as these are some of the few benefits to Taekwondo. **INSTRUCTOR:** CORE Taekwondo Performance Center

JPCC	M-F	1:00-4:00 pm	Jun 14-18	\$199 \$159 RD	ages 6-12
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Education Camps

Brown Bears, Caterpillars, Spiders & More

Join us for some summer fun by diving into the wonderful world of author and illustrator, Eric Carle! From "Brown Bear, Brown Bear" to "The Hungry Caterpillar" and "The Very Busy Spider". The camp will focus on exploration through the popular author and his classic books. Students will participate in crafts, science experiments, literacy activities, cooking activities, and so much more! We hope you will join us for the fun! **INSTRUCTOR:** Shirley Coltrane



JPCC	M-F	9:00 am-12:00 pm	Jun 21-25	\$188 \$150 RD	ages 3-6
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Dr. Seuss Summer Camp

Oh, The Places You'll Go during this fun-filled week of Dr. Seuss! Get ready for some zany crafts, activities, finger plays, cooking activities, and games galore, this camp is sure to be a week that your child will remember. **INSTRUCTOR:** Shirley Coltrane

JPCC	M-F	9:00 am-12:00 pm	Jul 19-23	\$188 \$150 RD	ages 3-6
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Culinary Camps

Dinosaurs KidzBake Camp

How do dinosaurs make cookies? I'm not sure but why not let your budding paleontologist learn how to flood, pipe and embellish their own dinosaur cookies. We will be decorating a Stegosaurus, a Brontosaurus, a Triceratops and even a T-rex along with palm trees and a flaming volcano so our dinosaurs will feel right at home. Come join us for some pre-historic fun. **INSTRUCTOR:** Cathy Quinn

JPCC	MWF	9:00 am-12:00 pm	Jun 14-18	\$120 \$95 RD	ages 5-10
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CAMPS

Birthday KidzBake Camp

A very merry un-birthday! It may not be anybody's birthday but that has never stopped us from decorating birthday cookies. Learn to flood, pipe, and embellish a birthday cupcake cookie, ice cream cones, candles, balloons, hats, and presents. Come join our un-birthday celebration. It is going to be quite a party. **INSTRUCTOR:** Cathy Quinn

JPCC	MWF	9:00 am-12:00 pm	Jul 12-16	\$120 \$95 RD	ages 5-10
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Spring Break Camps

Snapology: Video Game Edition

Indulge your child's gaming obsession in this hands-on, creative camp. We will be using LEGO® bricks to recreate some of your child's favorite games. Roblox-lovers will enjoy recreating their favorite "obbies," 3D versions of character skins, and designing and playing LEGO-based Roblox-style games. On Fortnite day, kids will jump at the chance to build island scenes, maps, skins, and more. Minecraft fans will use LEGO bricks to craft their own world, travel to the Nether--but watch out for creepers! Mario and Luigi will lend some zany antics to the week on Super Mario day, and Pokémon hunters will love "catching," building, and battling with their favorite Pokémon characters! Throughout the week, campers will also enjoy mini games and challenges related to these super-popular video games. PLEASE NOTE: Video-game themed camp series are SCREEN-FREE and VIOLENCE-FREE. Emphasis will be only on characters and scenery from these popular video games. **INSTRUCTOR:** Snapology

Flah Park	M-Th	1:00-4:00 pm	Mar 29-Apr 1	\$163 \$130 RD	ages 5-12
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Crafting & Designing Creator's Camp

What do you get when you throw spin art, bracelets, fidget spinners, slime and other crafting activities into a camp and mix it all in with a big helping of art history? Snapology's awesome new Craft Design maker camp! Throughout the week, students will learn about some of art's greatest minds, as well as create fun STEM-focused take-home projects and activities. **INSTRUCTOR:** Snapology

JPCC	M-Th	9:00 am-12:00 pm	Mar 29-Apr 1	\$188 \$150 RD	ages 5-12
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STEM Survivor

Are you ready for a challenge? Snapology's S.T.E.A.M. Survivor program will put your students' design, building, and critical thinking skills to the test! They will be given daily challenges for which they must design functional solutions with their team-mate! They will earn Survivor Bucks when they perform well and be able to use those survivor bucks to purchase supplies or prizes throughout the camp. The goal of this program is to encourage our students to carefully work through the engineering design process to see how often they can design with a purpose. **INSTRUCTOR:** Snapology

JPCC	M-Th	1:00-4:00 pm	Mar 29-Apr 1	\$179 \$143 RD	ages 7-13
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Snapology Camps

Snapology is a premier partner for STEAM programs (Science, Technology, Engineering, Art & Math), offering year-round programs in schools, community facilities and homes. Kids have so much fun in classes and camp activities that they don't even realize they're learning STEM/STEAM concepts.

Summer Scientist

Does your child love to experiment and ask questions about the world around them? If so, it sounds like you already have a little scientist on your hands! Snapology's Scientists program help children explore their curiosities and cultivate a deep love for science by experiencing the different domains of scientific study. Students will engage with concepts from the fields of astronomy, earth science, biology, chemistry, and physics using LEGO® bricks and other interactive learning tools. We make science fun, exciting, and approachable at Snapology! **INSTRUCTOR:** Snapology

Flah Park	M-F	9:00 am-12:00 pm	Jun 28-Jul 2	\$163 \$130 RD	ages 7-12
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eBots Robotics

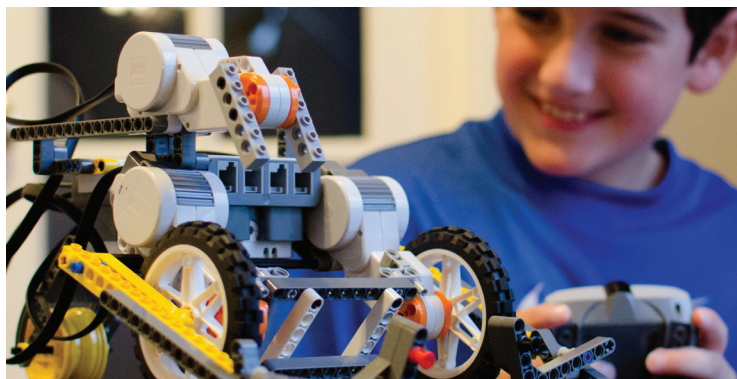
Calling all gamers! Have a blast creating robotic games each week while learning about robotics. Students will learn about gear ratio, sensors, programming, and pulleys as they create fun to play games. Whether creating a robotic hockey player, pinball machine, or a ring toss, your child is sure to have fun building, learning, and playing. **INSTRUCTOR:** Snapology

Flah Park	M-F	9:00 am-12:00 pm	Jul 19-23	\$175 \$140 RD	ages 7-12
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Sports Science: Minute to Win It

In Snapology's Sports Science class, students will be learning about the science behind their favorite sports. Your student will investigate concepts like simple machines, air pressure, gravity, inertia, energy, and trajectory through sports-based games and challenges! This class is perfect for both sports and science lovers, engaging the body and mind in this interactive, competitive program. The activities in this class are both challenging and rooted in science, so students will have to embrace the importance of persistence, practice, and repetition in order to successfully complete all of the sports tasks they are given. **INSTRUCTOR:** Snapology

Flah Park	M-F	1:00-4:00 pm	Jul 19-23	\$163 \$130 RD	ages 7-12
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Incredible Inventions

Do you enjoy inventing new things? Learn about the process real inventors go through while you help design, build and program robotic models to solve problems using LEGO® bricks and robotics. Are you the next Thomas Edison? Learning is enhanced through use of laptops. **INSTRUCTOR:** Snapology

Flah Park	M-F	1:00-4:00 pm	Jun 28-Jul 2	\$169 \$135 RD	ages 7-12
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KinderBots

Children will begin to explore the world of robotics as they build simple models that teach the fundamentals of robotic design. Whether learning about sensors while building drills and magic wands, or discovering ways that gears and pulleys create movement while building helicopters and robotic dogs, your child is sure to have a great time. Children will learn about the importance of axles, gears, and motors in mechanical movement. They will actively experiment with these components to create their robots, while facilitating a deeper understanding of mechanics. **INSTRUCTOR:** Snapology

JPCC	M-F	9:00 am-12:00 pm	Jun 21-25	\$215 \$170 RD	ages 4-6
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RoboPets

Children will begin to explore the world of robotics as they build simple animal models that teach the fundamentals of robotic design. Whether learning about sensors while building a fish or alligator or discovering ways that gears and wheels and axles create movement while building robotic dogs or frog, your child is sure to have a great time! **INSTRUCTOR:** Snapology

JPCC	M-F	9:00-12:00 pm	Jul 12-16	\$215 \$170 RD	ages 4-6
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Drone Commander

In Snapology's Drone Commander workshop, your student will be introduced to the world of Unmanned Aerial Vehicles (UAVs) and develop a deep understanding how to control and manage this exciting technology. This workshop will give your student the chance to safely test out some of the newest advances in aerial flight and really take their knowledge of engineering to new heights! Students will learn the flight controls that direct all aerial vehicles and utilize that information to direct and control a UAV during flight challenges. **INSTRUCTOR:** Snapology

JPCC	M-F	1:00-4:00 pm	Jul 26-30	\$228 \$182 RD	ages 9-14
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Snapology Movie Favorites

Send your child on an exciting adventure with Snapology as we explore the theatrical worlds of the LEGO® Movies, Toy Story™, Lion King™, Ninjago™ and more! Throughout the week, we'll bring our favorite movie characters to life and experience some of their most exciting adventures as we travel through their worlds. We'll even tinker with robotics, engineering, architecture and problem solving skills while we create and play our way through the week! **INSTRUCTOR:** Snapology

JPCC	M-F	1:00-4:00 pm	Jun 21-25	\$204 \$163 RD	ages 5-10
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Escape Snapology

In this camp, students and their team will discover clues, solve puzzles, answer riddles, and manipulate contraptions to complete the assigned tasks and to ultimately unlock the box to escape Snapology! Using math skills, and critical thinking skills, students will be required to work together to succeed in escaping Snapology. This camp is all about solving problems and thinking critically about situations. Potential solutions must be effectively communicated and analyzed. Students must understand the logical connections between ideas and clues they are given. Putting their brains together will result in success! **INSTRUCTOR:** Snapology

JPCC	M-F	1:00-4:00 pm	Jul 12-16	\$215 \$170 RD	ages 7-13
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Amazing Race

Are you ready for an adventure? Send your learner on a trip with Snapology around the world to discover unique aspects of different cultures, including national flags, traditional cuisines, influential artists, and notable historical landmarks! While they explore, they will be challenged to work with a partner to solve different tasks in various "countries" that will put them ahead or behind in the race to the finish line! Not only will your student be learning about world cultures and developing an appreciation for cultural differences, but they will be competing in fun challenges to test their building and problem-solving skills. Your student will also be exposed to the geography of the places to which they are "traveling". Their knowledge of where on the globe they are exploring will be tested by playing games with their classmates and reviewed multiple times throughout the program. **INSTRUCTOR:** Snapology

JPCC	M-F	9:00 am-12:00 pm	Jul 26-30	\$215 \$170 RD	ages 7-13
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AQUATICS

& WATER FUN

Holding Park Aquatic Center

Holding Park Aquatic Center will open for the 2021 season on **Saturday, May 29** (Memorial Day weekend). Located at 133 W. Owen Ave, the aquatic center features a six-lane, 25-yard lap pool, two water slides, and a children's pool with water play.

Details regarding open swim sessions and swim lessons will be available on the Town's website by May 4. Visit wakeforestnc.gov and search "holding park aquatic center."

Taylor Street Park Sprayground

The Taylor Street Park Sprayground will open for the 2021 season on **May 1**. Located at 416 N. Taylor St., the sprayground is free and open to the public. For details regarding hours of operation, visit wakeforestnc.gov and search "taylor street sprayground."



RENAISSANCE CENTRE

FOR THE ARTS

The Wake Forest Renaissance Centre for the Arts, 405 S. Brooks St., offers enriching programs, performances, special events and rental opportunities. For up-to-date information:

- Visit the website at wakeforestrencen.org

- Follow the Renaissance Centre on **Facebook** and **Instagram**
- Sign up for **email notifications** about upcoming events. Visit wakeforestrencen.org, select "About Us," then select "Mailing List" in the dropdown menu.



ATHLETICS

YOUTH AND ADULT

Youth Athletics

YOUTH BASEBALL / SOFTBALL

Spring Baseball, Softball and T-Ball Leagues

League age is determined by participant's age on April 30, 2021. Registration will be held February 1-28. Team practices begin in late March/early April. Games are played through June. **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov

Registration: Feb 1-28	Mar-Jun season	\$100 \$60 RD	ages 5-17 boys & girls
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Fall Baseball & Softball League

League age is determined by participant's age on April 30, 2021. Registration will be held June 1-30. Team practices begin in August games are played through mid-October. **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Jun 1-30	Aug-Oct season	\$100 \$60 RD	ages 6-16 boys & girls
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Dream League Baseball

Designed for school-age participants with special needs, league games are played on Saturdays from late April through early June. Registration will be held February 1-28. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Registration: Mar 1-31	Apr-Jun season	\$15*	ages 5+
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**Pre-registration required, \$10 late fee assessed after deadline*

Dream League Baseball "BUDDY" Program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least 3 games per season. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559.

Registration: Mar 1-31	Apr-Jun season	free*	ages 10+
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**Pre-registration required*



YOUTH VOLLEYBALL

Youth Volleyball League

League age is determined by participant's age on September 1, 2021. Registration will be held April 1-30. Team practices begin in May, games are played through mid-July. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov

Registration: Apr 1-30	May-Jul season	\$100 \$60 RD	ages 9-16 girls
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YOUTH BASKETBALL

Individual Basketball Training <<NEW!>>

In this program, J.J. Miller trains and develops all the basketball curriculum for our programs. We also have several Hooper's Elite certified trainers who are also USA Basketball licensed. Our individual training program concentrates on every aspect of the game and is specific to each individual player. These sessions are typically 1 player, however, they can be up to 3 if it's beneficial for each player. Sessions last 45-60 minutes depending on the key areas that we are working on for the particular day. The first session will be an evaluation session in which we put our clients through some basic drills to assess their skill level and focus on areas of their game that should be strengthened. We also get the player's thoughts on the areas in which they would like to improve. With this information, we will put together a specific program to maximize improvement.

The individual training programs include but are not limited to the following:

- Fundamentals (Ball Handling/Dribbling, Shooting, Passing, Defense, Rebounding, Footwork/agility, etc.)
- Drills (that can be translated to live play in games)
- Conditioning
- Mental aspects of the game
- Hidden gems (tips and pointers that I share only with my players on how to have an advantage in different areas during the game that I have learned through my own experiences of playing at the highest levels of each stage of my career.)

INSTRUCTOR: JJ Miller, Hoopers Elite Basketball Services

Flah Park	T,Th, F	4:00-7:00 pm	Mar 2-26	\$400 \$320 RD	ages 7+
Flah Park	T,Th, F	4:00-7:00 pm	Mar 30-Apr 9	\$400 \$320 RD	ages 7+
Flah Park	T,Th, F	4:00-7:00 pm	Apr 13-May 7	\$400 \$320 RD	ages 7+
Flah Park	T,Th, F	4:00-7:00 pm	May 11-Jun 4	\$400 \$320 RD	ages 7+
Flah Park	T,Th, F	4:00-7:00 pm	Jun 8-Jul 2	\$400 \$320 RD	ages 7+
Flah Park	T,Th, F	4:00-7:00 pm	Aug 3-27	\$400 \$320 RD	ages 7+

ATHLETICS



Skills, Drills & Development Basketball Clinic

Improve on your baller's basic fundamentals and skills with this fun and challenging basketball clinic. This clinic is designed by JJ Miller to improve each player's game, build confidence, and help them have more fun with the game of basketball.

INSTRUCTOR: JJ Miller, Hoopers Elite Basketball Services

Flah Park	Sa	10:00–10:45 am	Mar 6–27	\$75 \$60 <i>RD</i>	ages 6–12
Flah Park	Sa	10:00–10:45 am	Apr 17–May 8	\$75 \$60 <i>RD</i>	ages 6–12
Flah Park	Sa	10:00–10:45 am	May 29–Jun 19	\$75 \$60 <i>RD</i>	ages 6–12
Flah Park	Sa	10:00–10:45 am	Jul 17–Aug 7	\$75 \$60 <i>RD</i>	ages 6–12

YOUTH & ADULT TENNIS

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WAFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit wfata.usta.com.



The Better Sports for Kids Quality Program Provider designation was awarded to the Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) for 2019-20. Achieving this designation demonstrates that PRCR has undergone a review process and has shown a commitment to a safe, quality youth sports environment for the families we serve.

Athletic League Registration

YOUTH REGISTRATION: **New players** must submit a copy of the participant's birth certificate. **Returning players** are not required to submit a birth certificate. ALL registration for youth leagues will be held online during the specified registration periods. Computer access will be available at Joyner Park Community Center and Wake Forest Town Hall should registrants need access.

RESIDENT DISCOUNT (RD): Youth athletic league participants will be charged \$100 at the time of registration. Residents who live within the town's limits are eligible for the discounted rate of \$60.

ADULT REGISTRATION: Register online at wakeforestnc.recdesk.com.

Adult Athletics

ADULT SOFTBALL

Men's Spring Softball League

Games played Monday, Wednesday & Thursday beginning in mid-March.

STAFF CONTACT: KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Feb 1–28	Mar–Apr season	\$550/team	ages 18+
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Church Men's Softball League

Games will be played Monday, Tuesday & Thursday beginning mid-April.

STAFF CONTACT: KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Mar 1–31	Apr–Jun season	\$550/team	ages 18+
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Church Co-Rec Softball League

Games will be played Monday, Tuesday & Thursday, beginning mid-June. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: May 1–31	Jun–Aug season	\$550/team	ages 18+
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Men's Fall Softball League

Games will be played Monday, Wednesday, & Thursday beginning mid-August.

STAFF CONTACT: KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Jul 1–31	Aug–Oct season	\$550/team	ages 18+
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Co-Rec Fall Softball League

Games will be played on Monday, Tuesday, & Thursday beginning mid-August.

STAFF CONTACT: KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Jul 1–31	Aug–Oct season	\$550/team	ages 18+
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REFUNDS: Athletic fees are 100% refundable if requested, in writing, before the participant's first assigned team practice. After the first practice, refunds will not be granted. Anyone withdrawing from an athletic program must request a refund in writing in order for a refund to be processed. Note that late registration fees, if paid, are non-refundable.

SPRING 2021 Baseball, Softball & T-ball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2015	2015	2015	2015	2015	2015	2015	2015	2016	2016	2016	2016	5
2014	2014	2014	2014	2014	2014	2014	2014	2015	2015	2015	2015	6
2013	2013	2013	2013	2013	2013	2013	2013	2014	2014	2014	2014	7
2012	2012	2012	2012	2012	2012	2012	2012	2013	2013	2013	2013	8
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	9
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	10
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	11
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	12
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	13
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	14
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	15
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	16
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.



Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7	Rookie League (machine pitch)
Rookie League (machine pitch)	8	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	n/a
Senior League (15-17)	16	n/a
Senior League (15-17)	17	n/a



FALL 2021 Baseball & Softball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2014	2014	2014	2014	2014	2014	2014	2014	2015	2015	2015	2015	6
2013	2013	2013	2013	2013	2013	2013	2013	2014	2014	2014	2014	7
2012	2012	2012	2012	2012	2012	2012	2012	2013	2013	2013	2013	8
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	9
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	10
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	11
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	12
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	13
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	14
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	15
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	16

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Age Bracket

Baseball (male)	AGE	Softball (female)
Rookie League (machine pitch)	6 coed	Rookie League (machine pitch)
Rookie League (machine pitch)	7 coed	Rookie League (machine pitch)
Minor League	8 coed	Minor League
Minor League	9 coed	Minor League
Little League (10-11)	10	Little League (10-11)
Little League (10-11)	11	Little League (10-11)
Junior League (12-13)	12	Junior League (12-13)
Junior League (12-13)	13	Junior League (12-13)
Senior League (14-16)	14	Senior League (14-16)
Senior League (14-16)	15	Senior League (14-16)
Senior League (14-16)	16	Senior League (14-16)

Rained Out
Sign up to receive
game cancellation notices
via text message.

RainedOut is a free notification program that allows you to receive a text message on your cellphone when games have been cancelled. To enroll for **Youth Baseball/Softball, Dream League, Adult Softball** and **Track & Field**, send a text to 84483 with the message "Fields21". For the **Volleyball League**, send a text to 84483 with the message "VB2021". For **Youth Basketball** and **Spirit League**, send a text to 84483, with the message "BB2021".



ADULT KICKBALL

Spring Adult Co-Rec Kickball

League play is scheduled to begin mid-March. Games will be played on Sundays through late May. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Feb 1-28	Mar-May season	\$225/team	ages 18+
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Summer Adult Co-Rec Kickball

League play is scheduled to begin mid-July. Games will be played on weeknights and Sundays through late August. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Jun 1-30	Jul-Aug season	\$225/team	ages 18+
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Fall Adult Co-Rec Kickball

League play is scheduled to begin mid-September. Games will be played on weeknights and Sundays through late October. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Aug 1-31	Sep-Oct season	\$225/team	ages 18+
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ADULT PICKLEBALL

Pickleball Clinic – Beginner

Pickleball is considered one of the fastest-growing sports in the United States. It is a paddle sport that combines elements of tennis, badminton, and ping-pong, using a Pickleball paddle and a whiffle-type ball. Pickleball allows you to work on your balance, reflexes, and hand-eye coordination without placing excessive strain on your body. This clinic will provide the basic skills for learning how to play the game. Participants will learn basic rules, court position, basic techniques, courtesy and safety on and off the courts. **INSTRUCTORS:** USA Pickleball Ambassadors, Sandy Brasseale and Joe Vartanessian. **STAFF CONTACT:** Grayson Pridgen, gpridgen@wakeforestnc.gov, 919-554-6726.

Flah Park	M	8:30-10:30 am	Mar 8-15	\$32 \$25 RD	ages 18+
Flah Park	M	8:30-10:30 am	Apr 5-12	\$32 \$25 RD	ages 18+
Flah Park	M	8:30-10:30 am	May 10-17	\$32 \$25 RD	ages 18+
Flah Park	M	8:30-10:30 am	Jun 7-14	\$32 \$25 RD	ages 18+
Flah Park	M	8:30-10:30 am	Jul 12-19	\$32 \$25 RD	ages 18+
Flah Park	M	8:30-10:30 am	Aug 9-16	\$32 \$25 RD	ages 18+

Pickleball Clinic – Intermediate

Ready to improve your pickleball technique even more? Players who are already experienced with serving and rallying consistently but are looking to take their game to the next level, are invited to join in! Participate in targeted doubles drills designed to improve movement, shot selection, accuracy, power, consistency, and the all-important third shot drop. **INSTRUCTOR:** Troy Miller

JPCC	M	6:00-8:00 pm	Mar 1-8	\$65 \$50 RD	ages 16+
JPCC	M	6:00-8:00 pm	Apr 5-12	\$65 \$50 RD	ages 16+

Join a league as a free agent!



Adults (age 18+) that are interested in playing softball or kickball but are without a team may register as a "Free Agent." PRCR staff will provide Free Agent contact information to team managers that may be seeking additional players to complete their team roster. To register as a Free Agent, complete the form at wakeforestnc.gov (search "free agent").

Staying active is good for you.



The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

AN INCLUSIVE APPROACH

The PRCR Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Kelly Schurtz, kschurtz@wakeforestnc.gov.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs

Preregistration is required for all programs. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted. Online registration is accepted at wakeforestnc.recdesk.com or at any PRCR staffed facility. Online registration closes two business days prior to the start of a program.

Athletics

Athletic registration will only be accepted during the advertised registration period. Early registrations will not be accepted. Registration for youth athletics is available online only during specified registration dates. Visit wakeforestnc.recdesk.com. New youth participants will be prompted to submit a birth certificate.

Non-Resident Fees

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Risk & Liability

By registering for classes/programs or athletic leagues, participants and/or their guardians understand that participating in the activities may include the risk of injury. These risks include slips/trips/falls, musculoskeletal injuries, physical contacts with/ actions of other participants, the inherent risks of inclement weather, accidents while traveling to and from events/activities, and equipment problems or failures, among others. By registering for classes/programs/athletics, the registrant/guardian is choosing for themselves and/or their child/children to participate in the selected programs despite the risks. Participant/guardian is aware of the Town of Wake Forest Release of Liability requirement for participation, and agrees to the terms set within (liability waiver is required prior to completion of registration).

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

OPEN PLAY

RecCard required

To participate in Open Play, you must obtain and show your RecCard. RecCards are required for any individual over the age of six participating in Open Play. Children five and under do not need a RecCard but they must be accompanied to Open Play by a parent or guardian. To get a RecCard, you must first create a new online registration account at wakeforestnc.recdesk.com. RecCards are free. If you lose your RecCard, the charge to get a new one is \$5.





Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

[wakeforestnc.gov/
parks-recreation-cultural-resources](http://wakeforestnc.gov/parks-recreation-cultural-resources)

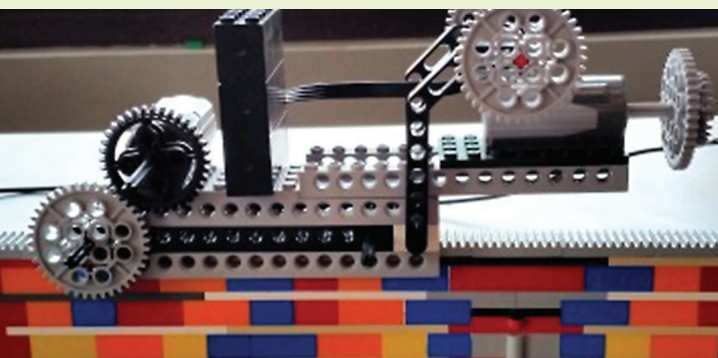
Look what's new for spring and summer!



Individual Basketball Training page 35 **Preschool Readiness** page 13 **DJ Lessons** pages 14 & 21



Cookie Decorating pages 25 **Bollywood Dance** pages 15 & 22 **Zen Photography** page 21



Snapology Camps pages 32-33 **Ballroom Dance** page 16 **Cooking for Fun Jr Chefs** page 18